

# Sacramento County

## Carmichael

As of 3/20/2017

### ESKATON ADULT DAY HEALTH CENTER, CARMICHAEL

5105 Manzanita Avenue, Suite D  
Carmichael, CA 95608-0523 (916) 334-0296

Mail: (above)

Email: [daisy.absalon@eskaton.org](mailto:daisy.absalon@eskaton.org)

Web: [www.eskaton.org](http://www.eskaton.org)

#### Licensee

Eskaton Properties, Inc.  
Non-Profit Organization

#### Opened

1996



California Association for Adult Day Services  
**Continuous Member Since 1984**

#### Languages Spoken

English | Spanish | Tagalog

#### Accessing Services / Intake Process

Call: 916-334-0296

Email: [nadine.mejia@eskaton.org](mailto:nadine.mejia@eskaton.org)

#### Reply Time

Next Day

- (1) Call to center's social worker
- (2) Program visit for tour and enrollment paperwork
- (3) Home visit and assessment days scheduled and completed
- (4) Team meeting held with participant and family members
- (5) Enrollment begins

#### ADHC / CBAS (Medical Model) Hours & Attendance

Monday	9:30 AM to 2:30 PM
Tuesday	9:30 AM to 2:30 PM
Wednesday	9:30 AM to 2:30 PM
Thursday	9:30 AM to 2:30 PM
Friday	9:30 AM to 2:30 PM
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: 40

Daily Capacity: 49

#### Payments Accepted

- Medi-Cal Managed Care – *Contracts for CBAS with:*
  - ◆ Please inquire
- Private Insurance
- Private Pay
- Del Oro Caregivers Resource Center
- MSSP/California Health Collaborative
- Sutter PACE Program
- ALTA Regional Center

#### Program/s

- ADHC Adult Day Health Care
- CBAS Community-Based Adult Services

Eskaton Adult Day Health Center Carmichael is a pleasant, cheerful, accessible, quality oriented program. Core staff members are longtime employees and all staff demonstrates dedication to meeting the individualized needs of each participant and family members. This is a place where participants from various backgrounds and health needs can find acceptance, friendship and thrive.

#### Who We Serve

Ages: 18 or older

Average Client Age: 72

#### Special Populations

- Alzheimer's / Related Dementia
- Behaviorally Impaired
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Traumatic Brain Injury

#### Activities of Daily Living

Bathing | Toileting | Transferring (Getting Up) | Walking

#### Medical Devices

Catheter | Colostomy | Oxygen Devices | Tube Feeding | Wheelchair

#### Other

- Incontinence
- Injections
- Medication Monitoring
- Medicine Administration
- Non-Ambulatory
- Wandering

#### Additional Offerings

- Caregiver Support Groups
- Gardening Group
- Music Therapy

ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

✓ Activity Program	✓ Medication Management	✓ Physician Services	✓ Social Work / Social Services
✓ Dietary Services	✓ Occupational Therapy	✓ Psychology / Psychiatry	✓ Speech Therapy
✓ Meals	✓ Physical Therapy	✓ Skilled Nursing	✓ Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with the following:

✓ Activity Program	✓ Care & Supervision	✓ Meals	✓ Social Services	✓ Transportation
--------------------	----------------------	---------	-------------------	------------------

# Sacramento County

## Sacramento

As of 6/21/2016

### ALTAMEDIX ADHC

4234 North Freeway Boulevard, Suite 500  
Sacramento, CA 95834-1237 (916) 648-3999

Mail: (above)

Email: [PD@Altamedix.com](mailto:PD@Altamedix.com)

Web: [www.altamedix.com](http://www.altamedix.com)

#### Licensee

Altamedix Corporation  
For-Profit Organization

#### Opened

2001



California Association for Adult Day Services  
**Continuous Member Since 2008**

#### Languages Spoken

English | Russian | Spanish

#### Accessing Services / Intake Process

Call: **916-648-3999**  
Email: [PD@Altamedix.com](mailto:PD@Altamedix.com)

#### Reply Time

**Next Business Day**

The referral form is on our website. Medi-Cal managed care plan conducts face-to-face assessment to determine eligibility. All residents of Sacramento County must be enrolled in managed care to receive CBAS services.

#### ADHC / CBAS (Medical Model) Hours & Attendance

Monday	9:00 AM to 3:00 PM
Tuesday	9:00 AM to 3:00 PM
Wednesday	9:00 AM to 3:00 PM
Thursday	9:00 AM to 3:00 PM
Friday	9:00 AM to 3:00 PM
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: **Inquire**

Daily Capacity: **200**

#### Payments Accepted

- Medi-Cal Managed Care – *Contracts for CBAS with:*
  - Anthem Blue Cross
  - California Health & Wellness
  - Health Net
  - Kaiser
  - Molina
  - Partnership Health Plan of California
- Medi-Cal Fee for Service (Regular Medi-Cal)
- Private Insurance
- Private Pay

#### Program/s

- ADHC Adult Day Health Care
- CBAS Community-Based Adult Services

Altamedix ADHC is a day health care center located in North Sacramento. We help older persons and adults with chronic medical, cognitive or mental conditions regain and maintain their ability to live independently and ease the need for family care by providing health services and therapeutic activities in a safe and friendly environment.

#### Who We Serve

Ages: **18 or older**

Average Client Age: **Inquire**

#### Special Populations

- Alzheimer's / Related Dementia
- Cultural Focus: **Russian**
- Diabetes
- Physical Disabilities

#### Activities of Daily Living

Eating | Toileting | Transferring (Getting Up) | Walking

#### Medical Devices

Oxygen Devices | Wheelchair

#### Other

- Injections
- Medication Monitoring
- Non-Ambulatory

#### Additional Offerings

- Activity Program
- Care Coordination
- Care & Supervision
- Community Outings
- Dietary Services
- Meals
- Medication Administration
- Medication Management
- Occupational Therapy
- Physical Therapy
- Skilled Nursing
- Social Worker Services
- Speech Therapy
- Transportation

ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

- |                    |                         |                           |                                 |
|--------------------|-------------------------|---------------------------|---------------------------------|
| ✓ Activity Program | ✓ Medication Management | ✓ Physician Services      | ✓ Social Work / Social Services |
| ✓ Dietary Services | ✓ Occupational Therapy  | ✓ Psychology / Psychiatry | ✓ Speech Therapy                |
| ✓ Meals            | ✓ Physical Therapy      | ✓ Skilled Nursing         | ✓ Transportation                |

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with the following:

- |                    |                      |         |                   |                  |
|--------------------|----------------------|---------|-------------------|------------------|
| ✓ Activity Program | ✓ Care & Supervision | ✓ Meals | ✓ Social Services | ✓ Transportation |
|--------------------|----------------------|---------|-------------------|------------------|

# Sacramento County

## Sacramento

As of 2/25/2015

### TRIPLE 'R' ADULT DAY PROGRAM, GREENHAVEN

7535 Park City Drive

Sacramento, CA 95831-3866 (916) 808-4003

Mail: 2921 Truxel Road  
Sacramento, CA 95833-1860

Email: [smwilson@cityofsacramento.org](mailto:smwilson@cityofsacramento.org)

Web: [www.tripler.org](http://www.tripler.org)

#### Licensee

City of Sacramento  
Governmental Organization

#### Opened

2008



California Association for Adult Day Services  
**Continuous Member Since 2014**

#### Languages Spoken

English | Chinese: Cantonese | Chinese: Mandarin |  
Hmong | Ilocano | Japanese | Laotian | Mien |  
Portuguese | Spanish | Tagalog | Thai

#### Accessing Services / Intake Process

Call: 916-808-4003

#### Reply Time

24 Hours

A TB test and physician's report is required. In addition, we ideally like to meet with caregivers for 1-2 hours to fill out comprehensive profile of participant's hobbies, skills and interests as well as medical history. A contract will be signed.

#### ADP (Non-medical Model) Hours & Attendance

Monday	7:30 AM to 6:00 PM
Tuesday	7:30 AM to 6:00 PM
Wednesday	CLOSED
Thursday	7:30 AM to 6:00 PM
Friday	CLOSED
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: 15

Daily Capacity: 18

#### Payments Accepted

- Private Insurance (Long Term Care Insurance)
- Private Pay

#### Program/s

- ADP Adult Day Program
- ADCRC Alzheimer's Day Care Resource Center

Each day at Triple-R is filled with laughter between friends, lively music, good food and fun activities. Specializing in dementia care, Triple-R is uniquely prepared to face the challenges people with memory loss often experience – including wandering, anxiety, incontinence and mood swings; and to offer participants a sense of success and accomplishment through carefully designed activities. Triple-R supports our family caregivers with services such as individual and group counseling, educational workshops on dementia care and a resource library. Caring for someone with dementia is a journey that can often be eased by sharing your experience with others. Come visit our program and meet our trained and compassionate staff.

#### Who We Serve

Ages: 50 to 90 +

Average Client Age: 70

#### Special Populations

- Alzheimer's / Related Dementia
- Behaviorally Impaired
- Lesbian, Gay, Bisexual and Transgender
- HIV / AIDS
- Mono-Cultural
- Physical Disabilities

#### Activities of Daily Living

Eating | Toileting | Transferring (Getting Up) | Walking

#### Medical Devices

Colostomy | Oxygen Devices | Wheelchair

#### Other

- Incontinence
- Medication Monitoring
- Medicine Administration
- Non-Ambulatory
- Wandering

#### Additional Offerings

- Art Therapy
- Care Management
- Caregiver Support Groups
- Gardening Group
- Music Therapy
- Pet Therapy

ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

- |                    |                         |                           |                                 |
|--------------------|-------------------------|---------------------------|---------------------------------|
| ✓ Activity Program | ✓ Medication Management | ✓ Physician Services      | ✓ Social Work / Social Services |
| ✓ Dietary Services | ✓ Occupational Therapy  | ✓ Psychology / Psychiatry | ✓ Speech Therapy                |
| ✓ Meals            | ✓ Physical Therapy      | ✓ Skilled Nursing         | ✓ Transportation                |

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with the following:

- |                    |                      |         |                   |                  |
|--------------------|----------------------|---------|-------------------|------------------|
| ✓ Activity Program | ✓ Care & Supervision | ✓ Meals | ✓ Social Services | ✓ Transportation |
|--------------------|----------------------|---------|-------------------|------------------|

# Sacramento County

## Sacramento

As of 2/25/2015

### TRIPLE 'R' ADULT DAY PROGRAM, MIDTOWN

915 27<sup>th</sup> Street

Sacramento, CA 95816-4301 (916) 808-8375

Mail: 2921 Truxel Road  
Sacramento, CA 95833-1860

Email: [smwilson@cityofsacramento.org](mailto:smwilson@cityofsacramento.org)

Web: [www.tripler.org](http://www.tripler.org)

#### Licensee

City of Sacramento  
Governmental Organization

#### Opened

1996



California Association for Adult Day Services  
**Continuous Member Since 2014**

#### Languages Spoken

English | Chinese: Cantonese | Chinese: Mandarin |  
Hmong | Ilocano | Japanese | Laotian | Mien |  
Portuguese | Spanish | Tagalog | Thai

#### Accessing Services / Intake Process

Call: 916-808-8375

#### Reply Time

24 Hours

A TB test and physician's report is required. In addition, we ideally like to meet with caregivers for 1-2 hours to fill out comprehensive profile of participant's hobbies, skills and interests as well as medical history. A contract will be signed.

#### ADP (Non-medical Model) Hours & Attendance

Monday	7:30 AM to 6:00 PM
Tuesday	7:30 AM to 6:00 PM
Wednesday	7:30 AM to 6:00 PM
Thursday	7:30 AM to 6:00 PM
Friday	7:30 AM to 6:00 PM
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: 25

Daily Capacity: 35

#### Payments Accepted

- Private Insurance (Long Term Care Insurance)
- Private Pay

#### Program/s

- ADP Adult Day Program
- ADCRC Alzheimer's Day Care Resource Center

Each day at Triple-R is filled with laughter between friends, lively music, good food and fun activities. Specializing in dementia care, Triple-R is uniquely prepared to face the challenges people with memory loss often experience – including wandering, anxiety, incontinence and mood swings; and to offer participants a sense of success and accomplishment through carefully designed activities. Triple-R supports our family caregivers with services such as individual and group counseling, educational workshops on dementia care and a resource library. Caring for someone with dementia is a journey that can often be eased by sharing your experience with others. Come visit our program and meet our trained and compassionate staff.

#### Who We Serve

Ages: 50 to 90 +

Average Client Age: 70

#### Special Populations

- Alzheimer's / Related Dementia
- Behaviorally Impaired
- Lesbian, Gay, Bisexual and Transgender
- HIV / AIDS
- Mono-Cultural
- Physical Disabilities

#### Activities of Daily Living

Eating | Toileting | Transferring (Getting Up) | Walking

#### Medical Devices

Colostomy | Oxygen Devices | Wheelchair

#### Other

- Incontinence
- Medication Monitoring
- Medicine Administration
- Non-Ambulatory
- Wandering

#### Additional Offerings

- Art Therapy
- Care Management
- Caregiver Support Groups
- Gardening Group
- Music Therapy
- Pet Therapy

ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

- |                    |                         |                           |                                 |
|--------------------|-------------------------|---------------------------|---------------------------------|
| ✓ Activity Program | ✓ Medication Management | ✓ Physician Services      | ✓ Social Work / Social Services |
| ✓ Dietary Services | ✓ Occupational Therapy  | ✓ Psychology / Psychiatry | ✓ Speech Therapy                |
| ✓ Meals            | ✓ Physical Therapy      | ✓ Skilled Nursing         | ✓ Transportation                |

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with the following:

- |                    |                      |         |                   |                  |
|--------------------|----------------------|---------|-------------------|------------------|
| ✓ Activity Program | ✓ Care & Supervision | ✓ Meals | ✓ Social Services | ✓ Transportation |
|--------------------|----------------------|---------|-------------------|------------------|

# Sacramento County

## Sacramento

As of 2/25/2015

### TRIPLE 'R' ADULT DAY PROGRAM, NORTH SACRAMENTO

700 Southgate Road  
Sacramento, CA 95815-3823 (916) 808-6475

Mail: 2921 Truxel Road  
Sacramento, CA 95833-1860

Email: [smwilson@cityofsacramento.org](mailto:smwilson@cityofsacramento.org)

Web: [www.tripler.org](http://www.tripler.org)

#### Licensee Opened

City of Sacramento 2008  
Governmental Organization



California Association for Adult Day Services  
**Continuous Member Since 2014**

#### Languages Spoken

English | Portuguese | Spanish

#### Accessing Services / Intake Process Reply Time

Call: **916-808-6745** **24 Hours**

A TB test and physician's report is required. In addition, we ideally like to meet with caregivers for 1-2 hours to fill out comprehensive profile of participant's hobbies, skills and interests as well as medical history. A contract will be signed.

#### ADP (Non-medical Model) Hours & Attendance

Monday	CLOSED
Tuesday	9:30 AM to 3:30 PM
Wednesday	CLOSED
Thursday	9:30 AM to 3:30 PM
Friday	CLOSED
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: **8** Daily Capacity: **30**

#### Payments Accepted

- Private Insurance (Long Term Care Insurance)
- Private Pay

#### Program/s

- ADP Adult Day Program
- ADCRC Alzheimer's Day Care Resource Center

Our center is a celebration of Latino culture through music, dance, food and other social activities designed especially for older adults with early-to-middle stage dementia or severe depression. Located on an elementary school campus, we provide a bi-lingual adult day program that overlooks the bustling school soccer field and is full of fun and vitality. Family caregivers are encouraged to either relax on the leather sofas and chat with each other while their parents enjoy activities carefully designed to create a sense of success and accomplishment – or to leave their loved ones in our care while they receive some much deserved respite.

#### Who We Serve

Ages: **50 to 90 +** Average Client Age: **65**

#### Special Populations

- Alzheimer's / Related Dementia
- Behaviorally Impaired
- Lesbian, Gay, Bisexual and Transgender
- HIV / AIDS
- Intergenerational
- Mono-Cultural
- Physical Disabilities

#### Activities of Daily Living

Eating | Toileting | Transferring (Getting Up) | Walking

#### Medical Devices

Colostomy | Oxygen Devices | Wheelchair

#### Other

- Incontinence
- Medication Monitoring
- Medicine Administration
- Non-Ambulatory
- Wandering

#### Additional Offerings

- Art Therapy
- Care Management
- Caregiver Support Groups
- Gardening Group
- Music Therapy
- Pet Therapy

**ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for the following:**

*(A home visit and assessment are required prior to enrollment.)*

- |                    |                         |                           |                                 |
|--------------------|-------------------------|---------------------------|---------------------------------|
| ✓ Activity Program | ✓ Medication Management | ✓ Physician Services      | ✓ Social Work / Social Services |
| ✓ Dietary Services | ✓ Occupational Therapy  | ✓ Psychology / Psychiatry | ✓ Speech Therapy                |
| ✓ Meals            | ✓ Physical Therapy      | ✓ Skilled Nursing         | ✓ Transportation                |

**ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with the following:**

- |                    |                      |         |                   |                  |
|--------------------|----------------------|---------|-------------------|------------------|
| ✓ Activity Program | ✓ Care & Supervision | ✓ Meals | ✓ Social Services | ✓ Transportation |
|--------------------|----------------------|---------|-------------------|------------------|