ADHC / CBAS (Medical Model) centers are required to have licensed/credential staff to provide or arrange for the following:

- Activity Program
- Medication Management
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:

- Activity Program
- Medication Management
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.

**Programs**

- ADHC Adult Day Health Care
- CBAS Community-Based Adult Services

Altamedix ADHC is a day health care center located in North Sacramento. We help older persons and adults with chronic medical, cognitive or mental conditions regain and maintain their ability to live independently and ease the need for family care by providing health services and therapeutic activities in a safe and friendly environment.

**Who We Serve**

Ages: **18 or older**

Average Client Age: **Inquire**

**Special Populations**

- Alzheimer's / Related Dementia
- Cultural Focus: **Russian**
- Diabetes
- Physical Disabilities

**Activities of Daily Living**

- Eating
- Toileting
- Transferring (Getting Up)
- Walking

**Medical Devices**

- Oxygen Devices
- Wheelchair

**Other**

- Injections
- Medication Monitoring
- Non-Ambulatory

**Additional Offerings**

- Activity Program
- Care Coordination
- Care & Supervision
- Community Outings
- Dietary Services
- Meals
- Medication Administration
- Medication Management
- Occupational Therapy
- Physical Therapy
- Skilled Nursing
- Social Worker Services
- Speech Therapy
- Transportation

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**Altamedix ADHC**

4234 North Freeway Boulevard, Suite 500
Sacramento, CA 95834-1237  (916) 648-3999

Mail: (above)

Email: PD@Altamedix.com

Web: www.altamedix.com

Licensee | Opened
Altamedix Corporation | 2001
For-Profit Organization

California Association for Adult Day Services
Continuous Member Since 2008

Languages Spoken

English | Russian | Spanish

Accessing Services / Intake Process

Call: **916-648-3999**
Email: PD@Altamedix.com

The referral form is on our website. Medi-Cal managed care plan conducts face-to-face assessment to determine eligibility. All residents of Sacramento County must be enrolled in managed care to receive CBAS services.

**ADHC / CBAS (Medical Model) Hours & Attendance**

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>9:00 AM to 3:00 PM</td>
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<tr>
<td>Tuesday</td>
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<td>Saturday</td>
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<tr>
<td>Sunday</td>
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</tr>
</tbody>
</table>

Average Daily Attendance: **Inquire**

**Daily Capacity:** **200**

**Payments Accepted**

- Medi-Cal Managed Care – Contracts for CBAS with:
  - Anthem Blue Cross
  - California Health & Wellness
  - Health Net
  - Kaiser
  - Molina
  - Partnership Health Plan of California
- Medi-Cal Fee for Service (Regular Medi-Cal)
- Private Insurance
- Private Pay

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ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

- Activity Program
- Medication Management
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:

- ✓ Activity Program
- ✓ Medication Management
- ✓ Physician Services
- ✓ Social Work / Social Services
- ✓ Dietary Services
- ✓ Occupational Therapy
- ✓ Psychology / Psychiatry
- ✓ Speech Therapy
- ✓ Meals
- ✓ Physical Therapy
- ✓ Skilled Nursing
- ✓ Transportation

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

- ✓ Activity Program
- ✓ Care & Supervision
- ✓ Meals
- ✓ Social Services
- ✓ Transportation

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- Activity Program
- Dietary Services
- Meals
- Medication Management
- Occupational Therapy
- Physical Therapy
- Physician Services
- Psychology / Psychiatry
- Skilled Nursing
- Social Work / Social Services
- Speech Therapy
- Transportation

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ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:
(A home visit and assessment are required prior to enrollment.)

- Activity Program
- Dietary Services
- Meals
- Medication Management
- Occupational Therapy
- Physical Therapy
- Physician Services
- Psychology / Psychiatry
- Skilled Nursing
- Social Work / Social Services
- Speech Therapy
- Transportation
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ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

- Activity Program
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ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

✓ Activity Program  ✓ Medication Management  ✓ Physician Services  ✓ Social Work / Social Services
✓ Dietary Services  ✓ Occupational Therapy  ✓ Psychology / Psychiatry  ✓ Speech Therapy
✓ Meals  ✓ Physical Therapy  ✓ Skilled Nursing  ✓ Transportation

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

✓ Activity Program  ✓ Care & Supervision  ✓ Meals  ✓ Social Services  ✓ Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.

Sacramento County

TRIPLE ‘R’ ADULT DAY PROGRAM, NORTH SACRAMENTO
700 Southgate Road
Sacramento, CA 95815-3823  (916) 808-6475

Mail:  2921 Truxel Road
Sacramento, CA 95833-1860
Email:  smwilson@cityofsacramento.org
Web:  www.tripler.org

Licensee  Opened
City of Sacramento  2008
Governmental Organization

California Association for Adult Day Services
Continuous Member Since 2014

Languages Spoken
English | Portuguese | Spanish

Accessing Services / Intake Process  Reply Time
Call:  916-808-6745  24 Hours

A TB test and physician’s report is required. In addition, we ideally like to meet with caregivers for 1-2 hours to fill out comprehensive profile of participant’s hobbies, skills and interests as well as medical history. A contract will be signed.

ADP (Non-medical Model) Hours & Attendance

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Average Daily Attendance: 8  Daily Capacity: 30

Payments Accepted
- Private Insurance (Long Term Care Insurance)
- Private Pay

Programs
- ADP  Adult Day Program
- ADCRC  Alzheimer’s Day Care Resource Center

Our center is a celebration of Latino culture through music, dance, food and other social activities designed especially for older adults with early-to-middle stage dementia or severe depression. Located on an elementary school campus, we provide a bi-lingual adult day program that overlooks the bustling school soccer field and is full of fun and vitality. Family caregivers are encouraged to either relax on the leather sofas and chat with each other while their parents enjoy activities carefully designed to create a sense of success and accomplishment – or to leave their loved ones in our care while they receive some much deserved respite.

Who We Serve
Ages: 50 to 90 +  Average Client Age: 65

Special Populations
- Alzheimer’s / Related Dementia
- Behaviorally Impaired
- Lesbian, Gay, Bisexual and Transgender
- HIV / AIDS
- Intergenerational
- Mono-Cultural
- Physical Disabilities

Activities of Daily Living
Eating | Toileting | Transferring (Getting Up) | Walking

Medical Devices
Colostomy | Oxygen Devices | Wheelchair

Other
- Incontinence
- Medication Monitoring
- Medicine Administration
- Non-Ambulatory
- Wandering

Additional Offerings
- Art Therapy
- Care Management
- Caregiver Support Groups
- Gardening Group
- Music Therapy
- Pet Therapy