

# San Bernardino County

## Hesperia

As of 4/1/2012

### TENDER HEART ADULT DAY HEALTH CARE

9499 I Avenue

Hesperia, CA 92345

(760) 244-8776

Mail: (above)

Email: [nsl41@ca.rr.com](mailto:nsl41@ca.rr.com)

#### Licensee

RGGS, Inc.  
For-Profit Organization

#### Opened

2000



California Association for Adult Day Services  
**Continuous Member Since 1999**

#### Languages Spoken

English | German | Ilocano | Spanish | Tagalog

#### Accessing Services / Intake Process

Call: **760-244-8776**

#### Reply Time

**24 Hours**

Social worker will interview caller. If qualified, participant's health assessment form will be sent to the facility.

#### ADHC / CBAS (Medical Model) Hours & Attendance

|           |                    |
|-----------|--------------------|
| Monday    | 9:00 AM to 3:00 PM |
| Tuesday   | 9:00 AM to 3:00 PM |
| Wednesday | 9:00 AM to 3:00 PM |
| Thursday  | 9:00 AM to 3:00 PM |
| Friday    | 9:00 AM to 3:00 PM |
| Saturday  | CLOSED             |
| Sunday    | CLOSED             |

Average Daily Attendance: **46**

Daily Capacity: **50**

#### Payments Accepted

- Medi-Cal Managed Care – *Contracts for CBAS with:*
  - ◆ **Please inquire**
- Private Insurance
- Private Pay

#### Program/s

- ADHC Adult Day Health Care
- CBAS Community Based Adult Services

Tender Heart Adult Day Health Care Center is an organized day program of therapeutic, social and health services in a day health care center serving the frail elderly and other adults with physical and mental impairments. Tender Heart ADHC provides a structured day program which includes nursing, meals and transportation, social services and restorative therapies, such as physical, occupational and speech, in a warm, caring environment.

#### Who We Serve

Ages: **18 or older**

Average Client Age: **Inquire**

#### Special Populations

- Alzheimer's / Related Dementia
- Behaviorally Impaired
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Traumatic Brain Injury

#### Activities of Daily Living

Bathing | Eating | Toileting | Transferring (Getting Up) | Walking

#### Medical Devices

Oxygen Devices | Wheelchair

#### Other

- Medicine Administration
- Medication Monitoring
- Non-Ambulatory

#### Additional Offerings

- Care Management
- Caregiver Support Groups
- Music Therapy
- Nursing
- Occupational Therapy
- Physical Therapy
- Secured Perimeter
- Speech Therapy

#### ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

|                    |                         |                           |                                 |
|--------------------|-------------------------|---------------------------|---------------------------------|
| ✓ Activity Program | ✓ Medication Management | ✓ Physician Services      | ✓ Social Work / Social Services |
| ✓ Dietary Services | ✓ Occupational Therapy  | ✓ Psychology / Psychiatry | ✓ Speech Therapy                |
| ✓ Meals            | ✓ Physical Therapy      | ✓ Skilled Nursing         | ✓ Transportation                |

#### ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with the following:

|                    |                      |         |                   |                  |
|--------------------|----------------------|---------|-------------------|------------------|
| ✓ Activity Program | ✓ Care & Supervision | ✓ Meals | ✓ Social Services | ✓ Transportation |
|--------------------|----------------------|---------|-------------------|------------------|

# San Bernardino County

## Loma Linda

As of 4/1/2012

### LOMA LINDA UNIVERSITY MEDICAL CENTER ADULT DAY HEALTH SERVICES

11406 Loma Linda Drive East, Room 501  
Loma Linda, CA 92354 (909) 558-6198

Mail: (above)

Web: [www.llumc.edu](http://www.llumc.edu)

#### Licensee

Loma Linda University Medical Center  
Non-Profit Organization

#### Opened

1995



California Association for Adult Day Services  
**Continuous Member Since 1993**

#### Languages Spoken

English | Arabic | Armenian | French | Ilocano | Italian |  
Spanish | Tagalog | Please inquire

#### Accessing Services / Intake Process

Call: **909-558-6198**

Email: [RDeGuzma@llu.edu](mailto:RDeGuzma@llu.edu)

#### Reply Time

**Next Day**

After an appointment with Social Worker (1) take health form to primary M.D., (2) return health form to Adult Day Services, (3) have TB test completed at Adult Day Services center or at primary M.D, (4) schedule admit date with social worker (909-558-6196). *Other Eligibility Requirement:* Weight bearing; if wanderer, should be redirectable (not locked facility).

#### ADHC / CBAS (Medical Model) Hours & Attendance

|           |                    |
|-----------|--------------------|
| Monday    | 8:00 AM to 4:00 PM |
| Tuesday   | 8:00 AM to 4:00 PM |
| Wednesday | 8:00 AM to 4:00 PM |
| Thursday  | 8:00 AM to 4:00 PM |
| Friday    | 8:00 AM to 4:00 PM |
| Saturday  | CLOSED             |
| Sunday    | CLOSED             |

Average Daily Attendance: **55**

Daily Capacity: **70**

#### Payments Accepted

- Medi-Cal Managed Care – *Contracts for CBAS with:*
  - ◆ **Please inquire**
- Private Insurance
- Private Pay
- Veterans Administration

#### Program/s

- ADHC Adult Day Health Care
- CBAS Community Based Adult Services
- ADP Adult Day Program
- ADCRC Alzheimer's Day Care Resource Center

Adult Day Services (ADS), also known as adult day care, is one option many caregivers are turning to for help. ADS are community-based programs providing a structured, safe environment for cognitively and/or functionally impaired adults (18+yrs). These impairments may be a result of a head injury, dementia, developmental disability, stroke, chronic illness, or frailty. ADS provides daily exercises and meaningful activities (e.g., crafts, games, gardening, cooking) carried out in a group setting that focuses on enhancing and improving functional abilities. Fun, laughter, and friendship are natural outcomes for program participants as they socialize and take part in activities. ADS provides a safe place so that caregivers can work, rest, and take care of other responsibilities. This program is funded through Medi-Cal or private pay.

#### Who We Serve

Ages: **18 or older**

Average Client Age: **Inquire**

#### Special Populations

- Alzheimer's / Related Dementia
- Behaviorally Impaired
- Lesbian, Gay, Bisexual and Transgender
- HIV/AIDS
- Intergenerational
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Traumatic Brain Injury

#### Activities of Daily Living

Eating | Toileting | Walking

#### Medical Devices

Catheter | Colostomy | Feeding Tube | Oxygen Devices |  
Wheelchair

#### Other

- Incontinence
- Medication Administration
- Non-Ambulatory
- Injections
- Medication Monitoring

#### Additional Offerings

- Adult Education
- Care Management
- Gardening Therapy
- Music Therapy
- Physical Therapy
- Pet Therapy
- Art Therapy
- Caregiver Support Groups
- Money Management
- Nursing
- Occupational Therapy
- Speech Therapy

#### ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

- |                    |                         |                           |                                 |
|--------------------|-------------------------|---------------------------|---------------------------------|
| ✓ Activity Program | ✓ Medication Management | ✓ Physician Services      | ✓ Social Work / Social Services |
| ✓ Dietary Services | ✓ Occupational Therapy  | ✓ Psychology / Psychiatry | ✓ Speech Therapy                |
| ✓ Meals            | ✓ Physical Therapy      | ✓ Skilled Nursing         | ✓ Transportation                |

#### ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with the following:

- |                    |                      |         |                   |                  |
|--------------------|----------------------|---------|-------------------|------------------|
| ✓ Activity Program | ✓ Care & Supervision | ✓ Meals | ✓ Social Services | ✓ Transportation |
|--------------------|----------------------|---------|-------------------|------------------|

# San Bernardino County

## San Bernardino

As of 4/1/2012

### SAN BERNARDINO ADULT DAY HEALTH CARE CENTER

1102 South Arrowhead Avenue  
San Bernardino, CA 92408 (909) 381-9952

Mail: (above)

Email: [catleyaadhc@isp.com](mailto:catleyaadhc@isp.com)

#### Licensee

Catleya Health Services, Inc.  
For-Profit Organization

#### Opened

2001



California Association for Adult Day Services  
**Continuous Member Since 2003**

#### Languages Spoken

English | Spanish | Tagalog

#### Accessing Services / Intake Process

Call: 909-381-5470

#### Reply Time

24 Hours

Referrals are screened by the Social Workers who are in charge of intake. Medi-Cal eligibility checked with the use of patient's date of birth, SSN and Medi-Cal card. Health assessment with current PPD screening and home assessment are required.

#### ADHC / CBAS (Medical Model) Hours & Attendance

|           |         |
|-----------|---------|
| Monday    | Inquire |
| Tuesday   | Inquire |
| Wednesday | Inquire |
| Thursday  | Inquire |
| Friday    | Inquire |
| Saturday  | CLOSED  |
| Sunday    | CLOSED  |

Average Daily Attendance: **Inquire**

Daily Capacity: **100**

#### Payments Accepted

- Long Term Care Insurance
- Medi-Cal Managed Care – *Contracts for CBAS with:*
  - ◆ **Please inquire**
- Private Insurance
- Private Pay
- Veterans Administration

#### Program/s

- **ADHC Adult Day Health Care**
- **CBAS Community Based Adult Services**

The San Bernardino ADHCC operates for the purpose of fostering and maintaining the maximum possible state of health and well-being of physically and mentally challenged individuals. It provides an organized daily program of health, social, and therapeutic activities. These activities are provided based on an individual's plan of care carried out by/or under the supervision of professionals. Two teachers from the San Bernardino Adult School work with San Bernardino ADHCC.

We are in constant coordination with patients' caregivers, caseworkers, probation officers, medical doctors and psychiatrists and other service providers to better understand and serve our participants.

We invite speakers from other organizations like MADD and clinic for STD. OOA meetings are incorporated in the program.

#### Who We Serve

Ages: **18 or older**

Average Client Age: **Inquire**

#### Special Populations

- Mental Health
- Persons with Developmental Disabilities

#### Activities of Daily Living

Toileting | Walking

#### Medical Devices

Catheter | Colostomy | Oxygen Devices | Wheelchair

#### Other

Behavioral Challenges | Incontinence | Injections | Medication Monitoring | Non-Ambulatory

#### Additional Offerings

- Activity Program
- Adult Education
- Art Therapy
- Care Coordination
- Care & Supervision
- Dietary Services
- Meals
- Medication Administration
- Medication Management
- Occupational Therapy
- Physical Therapy
- Psychology/Psychiatry
- Skilled Nursing
- Social Worker Services
- Speech Therapy
- Transportation

#### ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

- |                    |                         |                           |                                 |
|--------------------|-------------------------|---------------------------|---------------------------------|
| ✓ Activity Program | ✓ Medication Management | ✓ Physician Services      | ✓ Social Work / Social Services |
| ✓ Dietary Services | ✓ Occupational Therapy  | ✓ Psychology / Psychiatry | ✓ Speech Therapy                |
| ✓ Meals            | ✓ Physical Therapy      | ✓ Skilled Nursing         | ✓ Transportation                |

#### ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with the following:

- |                    |                      |         |                   |                  |
|--------------------|----------------------|---------|-------------------|------------------|
| ✓ Activity Program | ✓ Care & Supervision | ✓ Meals | ✓ Social Services | ✓ Transportation |
|--------------------|----------------------|---------|-------------------|------------------|