ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

- Activity Program
- Medication Management
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
**San Bernardino County**

**TENDER HEART ADULT DAY HEALTH CARE**

9499 I Avenue  
Hesperia, CA 92345  
(760) 244-8776

Mail:  (above)  
Email: nsl41@ca.rr.com

Licensee  
RGGS, Inc.  
For-Profit Organization

**Languages Spoken**  
English | German | Ilocano | Spanish | Tagalog

**Accessing Services / Intake Process**  
**Call:** 760-244-8776  
**24 Hours**

Social worker will interview caller. If qualified, participant's health assessment form will be sent to the facility.

**ADHC / CBAS (Medical Model) Hours & Attendance**

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>9:00 AM to 3:00 PM</td>
</tr>
<tr>
<td>Tuesday</td>
<td>9:00 AM to 3:00 PM</td>
</tr>
<tr>
<td>Wednesday</td>
<td>9:00 AM to 3:00 PM</td>
</tr>
<tr>
<td>Thursday</td>
<td>9:00 AM to 3:00 PM</td>
</tr>
<tr>
<td>Friday</td>
<td>9:00 AM to 3:00 PM</td>
</tr>
<tr>
<td>Saturday</td>
<td>CLOSED</td>
</tr>
<tr>
<td>Sunday</td>
<td>CLOSED</td>
</tr>
</tbody>
</table>

**Average Daily Attendance:** 46  
**Daily Capacity:** 50

**Payments Accepted**

- Medi-Cal Managed Care – Contracts for CBAS with:  
  - Please inquire
- Private Insurance
- Private Pay

**Programs**

- **ADHC**  
  Adult Day Health Care
- **CBAS**  
  Community Based Adult Services

Tender Heart Adult Day Health Care Center is an organized day program of therapeutic, social and health services in a day health care center serving the frail elderly and other adults with physical and mental impairments. Tender Heart ADHC provides a structured day program which includes nursing, meals and transportation, social services and restorative therapies, such as physical, occupational and speech, in a warm, caring environment.

**Who We Serve**

Ages: 18 or older  
**Average Client Age:** Inquire

**Special Populations**

- Alzheimer's / Related Dementia
- Behaviorally Impaired
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Traumatic Brain Injury

**Activities of Daily Living**

- Bathing | Eating | Toileting | Transferring (Getting Up) | Walking

**Medical Devices**

- Oxygen Devices | Wheelchair

**Other**

- Medicine Administration
- Medication Monitoring
- Non-Ambulatory

**Additional Offerings**

- Care Management
- Caregiver Support Groups
- Music Therapy
- Nursing
- Occupational Therapy
- Physical Therapy
- Secured Perimeter
- Speech Therapy

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**ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:**

(A home visit and assessment are required prior to enrollment.)

- Activity Program  
- Medication Management  
- Physician Services  
- Social Work / Social Services

- Activity Program  
- Dietary Services  
- Occupational Therapy  
- Psychology / Psychiatry  
- Speech Therapy

- Activity Program  
- Meals  
- Skilled Nursing  
- Transportation

**ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:**

- Activity Program  
- Care & Supervision  
- Meals  
- Social Services  
- Transportation

**ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.**
Loma Linda University Medical Center
Adult Day Health Services

11406 Loma Linda Drive East, Room 501
Loma Linda, CA 92354  (909) 558-6198

Mail:  (above)
Web:  www.llumc.edu

Licensee  Opened
Loma Linda University Medical Center  1995
Non-Profit Organization

California Association for Adult Day Services
Continuous Member Since 1993

Languages Spoken
English | Arabic | Armenian | French | Ilocano | Italian | Spanish | Tagalog | Please inquire

Accessing Services / Intake Process  Reply Time
Call:  909-558-6198  Next Day
Email:  RDeGuzma@llu.edu

After an appointment with Social Worker (1) take health form to primary M.D., (2) return health form to Adult Day Services, (3) have TB test completed at Adult Day Services center or at primary M.D., (4) schedule admit date with social worker (909-558-6196). Other Eligibility Requirement: Weight bearing; if wanderer, should be redirectable (not locked facility).

ADHC / CBAS (Medical Model) Hours & Attendance

Monday  8:00 AM to 4:00 PM
Tuesday  8:00 AM to 4:00 PM
Wednesday  8:00 AM to 4:00 PM
Thursday  8:00 AM to 4:00 PM
Friday  8:00 AM to 4:00 PM
Saturday  CLOSED
Sunday  CLOSED

Average Daily Attendance: 55  Daily Capacity: 70

Payments Accepted
- Medi-Cal Managed Care – Contracts for CBAS with:
  - Please inquire
- Private Insurance
- Private Pay
- Veterans Administration

ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:
(A home visit and assessment are required prior to enrollment.)
- Activity Program
- Medication Management
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation
- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADHP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

- Activity Program
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

- Activity Program
- Care & Supervision
- Meals
- Social Services

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.