ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:

<table>
<thead>
<tr>
<th>Service</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity Program</td>
</tr>
<tr>
<td>Medication Management</td>
</tr>
<tr>
<td>Physician Services</td>
</tr>
<tr>
<td>Social Work / Social Services</td>
</tr>
<tr>
<td>Occupational Therapy</td>
</tr>
<tr>
<td>Psychology / Psychiatry</td>
</tr>
<tr>
<td>Speech Therapy</td>
</tr>
<tr>
<td>Physical Therapy</td>
</tr>
<tr>
<td>Skilled Nursing</td>
</tr>
<tr>
<td>Transportation</td>
</tr>
</tbody>
</table>

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

<table>
<thead>
<tr>
<th>Service</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity Program</td>
</tr>
<tr>
<td>Care &amp; Supervision</td>
</tr>
<tr>
<td>Meals</td>
</tr>
<tr>
<td>Social Services</td>
</tr>
<tr>
<td>Transportation</td>
</tr>
</tbody>
</table>

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.

---

**Easter Seals Southern California**

**[Escondido]**

401 S Ivy Street

Escondido, CA 92025-4339  (760) 737-3990 x 8

Mail: (above)

Email: Natasha.Jacobs@essc.org

Web: www.easterseals.com/southerncal

Licensee: Easter Seals Southern California, Inc.

Opened: 2009

Non-Profit Organization

California Association for Adult Day Services

Continuous Member Since 2017

---

**San Diego County**

**Escondido**

**Easter Seals Southern California**

401 S Ivy Street

Escondido, CA 92025-4339  (760) 737-3990 x 8

Mail: (above)

Email: Natasha.Jacobs@essc.org

Web: www.easterseals.com/southerncal

Program/s

- ADVP  Adult Day Vendorized Program
- DD  Adults with Developmental Disabilities

Services designed exclusively for Regional Center clients.
ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:

- Activity Program
- Medication Management
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
POWAY ADULT DAY HEALTH CARE CENTER
12250 Crosthwaite Circle
Poway, CA  92064-6882  (858) 748-5044

Mail:  (above)
Email:  info@powayadhcc.org
Web:  www.powayadhcc.org

Licensee  Opened
Poway Adult Day Health Care Center, LLC  2002
For-Profit Organization

Languages Spoken
English | Farsi | Spanish | Tagalog | Vietnamese

Accessing Services / Intake Process  Reply Time
Call:  858-748-5044  Next Business Day
Contact our Social Work department.

ADHC / CBAS (Medical Model) Hours & Attendance
Monday  9:00 AM to 3:00 PM
Tuesday  9:00 AM to 3:00 PM
Wednesday  9:00 AM to 3:00 PM
Thursday  9:00 AM to 3:00 PM
Friday  9:00 AM to 3:00 PM
Saturday  CLOSED
Sunday  CLOSED
Average Daily Attendance: 58  Daily Capacity: 200

ADP (Non-Medical Model) Hours & Attendance
Monday  8:00 AM to 4:00 PM
Tuesday  8:00 AM to 4:00 PM
Wednesday  8:00 AM to 4:00 PM
Thursday  8:00 AM to 4:00 PM
Friday  8:00 AM to 3:30 PM
Saturday  CLOSED
Sunday  CLOSED
Average Daily Attendance: 15  Daily Capacity: 25

Payments Accepted
- Long Term Care Insurance
- Medi-Cal Managed Care – Contracts for CBAS with:
  ✦ HealthNet ✦ Molina
- Private Pay

Programs
- ADHC Adult Day Health Care
- CBAS Community Based Adult Services
- ADP Adult Day Program

At Poway ADHC, we strive to improve the quality of life for older adults and caregivers while fostering an environment that preserves the dignity of our participants. We offer restorative / maintenance care, nursing supervision, social work services, and a structured, individualized program of therapeutic activities. We provide a physically and cognitively stimulating group atmosphere, and always look for new activities to incorporate into our programming. We take pride in advocating for our participants and acting as liaisons to their families and medical professionals to help prevent premature placement in long-term care facilities.

Who We Serve
Ages: 18 and older  Average Client Age: 73

Special Populations
- Alzheimer’s / Related Dementia
- Behavioral Health
- Diabetes
- Heart Disease
- HIV / AIDS
- Persons with Developmental Disabilities
- Post-Stroke / Neurological
- Traumatic Brain Injury

Activities of Daily Living
Eating | Toileting | Transferring | Walking

Medical Devices
Catheter | Colostomy | Feeding Tube | Lift: Hoyer | Oxygen Devices | Wheelchair

Other
- Behavioral Challenges | Incontinence Training | Injections | Medications Monitoring

Additional Offerings
- Activity Program
- Art Therapy
- Care & Supervision
- Dietetic Services
- Medication Administration
- Musical Entertainment
- Pet Therapy
- Physician Services
- Skilled Nursing
- Speech Therapy
- Vaccination Clinics

ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:
(A home visit and assessment are required prior to enrollment.)
- Activity Program
- Medication Management
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:
- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
**San Diego County**

**CASA PACIFICA ADHC CENTER**
1424 30th Street, Suite C
San Diego, CA 92154    (619) 424-8181
Mail:    (above)
Web:    www.casa-pacifica.com

Licensee    Opened
J Gelt Corporation    2000
For-Profit Organization

California Association for Adult Day Services
Continuous Member Since 2000

Languages Spoken
English | Spanish | Ilocano | Tagalog | Russian

**Accessing Services / Intake Process**

Call:    619-424-8181 **24 Hours**
Visit is scheduled, participant needs HA and TB clearance before assessment. If participant needs assistance, center staff will provide transportation and will collaborate with PCP. About 3-4 days.

**ADHC / CBAS (Medical Model) Hours & Attendance**

| Monday       | 8:00 AM to 5:00 PM |
| Tuesday      | 8:00 AM to 5:00 PM |
| Wednesday    | 8:00 AM to 5:00 PM |
| Thursday     | 8:00 AM to 5:00 PM |
| Friday       | 8:00 AM to 5:00 PM |
| Saturday     | CLOSED            |
| Sunday       | CLOSED            |

Average Daily Attendance: **150**
Daily Capacity: **290**

**ADP (Non-Medical Model) Hours & Attendance**

| Monday       | 8:00 AM to 5:00 PM |
| Tuesday      | 8:00 AM to 5:00 PM |
| Wednesday    | 8:00 AM to 5:00 PM |
| Thursday     | 8:00 AM to 5:00 PM |
| Friday       | 8:00 AM to 5:00 PM |
| Saturday     | CLOSED            |
| Sunday       | CLOSED            |

Average Daily Attendance: **Ask**
Daily Capacity: **Ask**

**Payments Accepted**
- Medi-Cal Managed Care – Contracts for CBAS with:
  - Please inquire
- Private Pay

**Programs**

- **ADHC** Adult Day Health Care
- **CBAS** Community Based Adult Services
- **ADP** Adult Day Program

A very culturally diverse center, serving several mental and physical diagnosis. Over 15,000 square feet, with a shower facility and spacious bathrooms, with a total of 20 restrooms. Programs serving Alzheimer's/Dementia, DD, MT, diabetes and CVA. Center emphasis on bilingual programs in English, Spanish and Tagalog.

**Who We Serve**

Ages: **18 and older**
Average Client Age: **68**

**Special Populations**

- Alzheimer's / Related Dementia
- Behaviorally Impaired
- Intergenerational
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Substance Abuse
- Traumatic Brain Injury

**Activities of Daily Living**

- Bathing | Eating | Toileting | Transferring | Walking

**Medical Devices**

- Catheter | Colostomy | Feeding Tube | Oxygen Devices | Suctioning | Wheelchair

**Other**

- Incontinence | Injections | Medication Monitoring | Medicine Administration | Non-Ambulatory | Wandering

**Additional Offerings**

- Adult Education
- Art Therapy
- Care Management
- Caregiver Support Groups
- Community Outings
- Gardening Therapy
- Money Management Training
- Music Therapy
- Nursing
- Occupational Therapy
- Pet Therapy
- Physical Therapy
- Secure Perimeter
- Speech Therapy

---

**ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:**

(A home visit and assessment are required prior to enrollment.)

- Activity Program  
- Medication Management  
- Physician Services  
- Social Work / Social Services
- Dietary Services  
- Occupational Therapy  
- Psychology / Psychiatry  
- Speech Therapy
- Meals  
- Physical Therapy  
- Skilled Nursing  
- Transportation

**ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:**

- Activity Program  
- Care & Supervision  
- Meals  
- Social Services  
- Transportation

**ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.**
San Diego County
As of 4/21/2014

LOVING CARE ADULT DAY HEALTH CENTER
CBAS PROGRAM
2565 Camino Del Rio South, Suite 201
San Diego, CA 92108 (619) 718-9777
Mail: (above)
Web: www.lovingcaredhc.com
Email: rz2565@msn.com / mkintzlovingcare@yahoo.com

Licensee
Loving Care ADHC Limited
For-Profit Organization

California Association for Adult Day Services
Continuous Member Since 2009

Languages Spoken
English | Armenian | Hebrew | Japanese | Russian | Tagalog

Accessing Services / Intake Process
Call: 619-718-9777
Email: rz2565@msn.com / mkintzlovingcare@yahoo.com
Please call us, and we will walk you through the process.

ADHC / CBAS (Medical Model) Hours & Attendance
Monday: 8:00 AM to 3:00 PM
Tuesday: 8:00 AM to 3:00 PM
Wednesday: 8:00 AM to 3:00 PM
Thursday: 8:00 AM to 3:00 PM
Friday: 8:00 AM to 3:00 PM
Saturday: CLOSED
Sunday: CLOSED

Office Hours: Mon-Fri 8:00am to 4:00pm

Average Daily Attendance: Inquire
Daily Capacity: 90

Payments Accepted
- Long Term Care Insurance
- Medi-Cal Managed Care – Contracts for CBAS with:
  - Care 1st
  - Community Health Group
  - HealthNet
  - Kaiser
  - Molina
- Medi-Cal Regular Fee-for-Service
- Private Pay
- Regional Center Funding

Programs
- ADHC Adult Day Health Care
- CBAS Community Based Adult Services

We welcome everyone to our beautiful, friendly day program of therapeutic, social and health services for the frail elderly and other adults with physical or mental impairments. We provide nursing, meals and transportation, social services and restorative therapies, such as physical, occupational, and speech, in a warm, caring and secured environment. Independence, self-expression and being part of a group helps adults, isolated by illness, disability or loss, maintain a positive orientation to life. We focus on the maintenance of physical and mental health, helping you to maintain as high a level of functioning as possible, thereby allowing you to remain in your home and community.

Who We Serve
Ages: 18 and older
Average Client Age: 72

Special Populations
- Alzheimer’s / Related Dementia
- Behavioral Health
- Cultural Focus: Multi-Cultural
- Diabetes
- HIV/AIDS
- Intergenerational
- Lesbian, Gay, Bisexual, Transgender
- Persons with Developmental Disabilities
- Post-Stroke / Neurological
- Substance Abuse
- Traumatic Brain Injury

Activities of Daily Living
- Eating | Toileting | Transferring (Getting Up) | Walking

Medical Devices
- Catheter | Colostomy | Oxygen Devices | Wheelchair

Other
- Behavioral Challenges | Incontinence Training | Injections | Medication Monitoring

Additional Offerings
- Activity Program
- Art Therapy
- Care & Supervision
- Gardening Therapy
- Meals
- Medication Management
- Music Therapy
- Pet Therapy
- Physician Services
- Skilled Nursing
- Speech Therapy
- Adult Education
- Care Coordination
- Dietary Services
- Health Check-Ups
- Medication Administration
- Money Management
- Psychology / Psychiatry
- Physical Therapy
- Social Work / Social Services
- Social Worker Services
- Transportation

ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:
(A home visit and assessment are required prior to enrollment.)

- Activity Program
- Dietary Services
- Meals
- Medication Management
- Occupational Therapy
- Physical Therapy
- Physician Services
- Psychology / Psychiatry
- Skilled Nursing
- Social Work / Social Services
- Speech Therapy
- Transportation

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
NEIGHBORHOOD HOUSE ADULT DAY HEALTH CARE CENTER-SAN DIEGO

851 South 35th Street
San Diego, CA 92113  (619) 233-6691

Mail:  (above)
Email:  adhc@neighborhoodhouse.org
Web:  www.neighborhoodhouse.org

Licensee  Opened
Neighborhood House Association  1982
Non-Profit Organization

California Association for Adult Day Services
Continuous Member Since 1985

Languages Spoken
English | Spanish | Tagalog

Accessing Services / Intake Process  Reply Time
Call:  619-233-6691  24 Hours

ADHC / CBAS (Medical Model) Hours & Attendance
Monday  8:00 AM to 4:30 PM
Tuesday  8:00 AM to 4:30 PM
Wednesday  8:00 AM to 4:30 PM
Thursday  8:00 AM to 4:30 PM
Friday  8:00 AM to 4:30 PM
Saturday  CLOSED
Sunday  CLOSED

Average Daily Attendance: 47  Daily Capacity: 55

Payments Accepted
• Medi-Cal Managed Care – Contracts for CBAS with:
  ♦ Please inquire
• Private Insurance
• Private Pay
• Regional Center Funding
• Veterans Administration

Programs
• ADHC  Adult Day Health Care
• CBAS  Community Based Adult Services
• ADP  Adult Day Program

Within a small, safe “home away from home” environment, we provide Adult Day & Adult Day Health Care services to participants looking to strengthen mind, body and spirit through exercise, fun activities and meaningful socialization. We invite you to call us to get acquainted with our program. With 30 years of experience in providing care to the San Diego community…we are truly a “Neighbor You Can Count On!”

Who We Serve
Ages: 18 or older  Average Client Age: 75

Special Populations
• Alzheimer’s / Related Dementia
• Behaviorally Impaired
• Mental Health
• Persons with Developmental Disabilities
• Physical Disabilities
• Traumatic Brain Injury

Activities of Daily Living
Eating | Toileting | Transferring (Getting Up) | Walking

Medical Devices
Catheter | Colostomy | Feeding Tube | Oxygen Devices | Wheelchair

Other
Incontinence | Injections | Medication Monitoring | Medicine Administration | Non-Ambulatory | Wandering

Additional Offerings
• Adult Education
• Care Management
• Community Outings

ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:
(A home visit and assessment are required prior to enrollment.)

✓ Activity Program  ✓ Medication Management  ✓ Physician Services  ✓ Social Work / Social Services
✓ Dietary Services  ✓ Occupational Therapy  ✓ Psychology / Psychiatry  ✓ Speech Therapy
✓ Meals  ✓ Physical Therapy  ✓ Skilled Nursing  ✓ Transportation

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:
✓ Activity Program  ✓ Care & Supervision  ✓ Meals  ✓ Social Services  ✓ Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
AMERICARE ADULT DAY HEALTH CARE CENTER
340 Rancheros Drive, Suite 196
San Marcos, CA 92069-2900 (760) 682-2424

Mail: 12825 Chaparral Ridge Road
San Diego, CA 92130
Email: INASHTUT@americareadhc.com
Web: www.americareadhc.com

Licensee: AmeriCare ADHC, Inc. Opened 2002
For-Profit Organization
California Association for Adult Day Services Continuous Member Since 2006

Languages Spoken
English | Farsi | Japanese | Russian | Spanish | Tagalog

Accessing Services / Intake Process
Call: 760-682-2424 24 Hours
Step 1: Schedule visit day
Step 2: Obtain MD forms
Step 3: Schedule assessment days
Step 4: Admission day

ADHC / CBAS (Medical Model) Hours & Attendance
Monday 9:00 AM to 3:00 PM
Tuesday 9:00 AM to 3:00 PM
Wednesday 9:00 AM to 3:00 PM
Thursday 9:00 AM to 3:00 PM
Friday 9:00 AM to 3:00 PM
Saturday CLOSED
Sunday CLOSED
Average Daily Attendance: 105 Daily Capacity: 135

ADP (Non-Medical Model) Hours & Attendance
Monday 8:00 AM to 4:30 PM
Tuesday 8:00 AM to 4:30 PM
Wednesday 8:00 AM to 4:30 PM
Thursday 8:00 AM to 4:30 PM
Friday 8:00 AM to 4:30 PM
Saturday CLOSED
Sunday CLOSED
Average Daily Attendance: Ask Daily Capacity: Ask

Payments Accepted
- Medi-Cal Managed Care – Contracts for CBAS with:
  ♦ Please inquire
- Private Insurance
- Private Pay

Programs
- ADHC Adult Day Health Care
- CBAS Community Based Adult Services
- ADP Adult Day Program

AmeriCare Adult Day Healthcare Center provides a safe and nurturing environment for adult individuals of all ages with medical and psychological challenges. Many of our participants are frail and elderly (150 participants) with the following diagnosis: Alzheimer’s/Related Dementias, Depression, Diabetic, Heart Problems, HTN, Arthritis, Stroke, COPD. AmeriCare also provides structure, support, and safety to the lives of those living independently or in a Licensed Residential Care facility. AmeriCare Adult Day Healthcare center currently provides services to over 90 mental health consumers with the severe diagnosis: Schizophrenia, Bi-Polar, and Major Depression. We also serve about 15-20 participants with developmental disabilities.

Who We Serve
Ages: 18 and older Average Client Age: 75

Special Populations
- Alzheimer’s / Related Dementia
- Behaviorally Impaired
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Traumatic Brain Injury

Activities of Daily Living
- Eating | Toileting | Transferring | Walking

Medical Devices
- Catheter | Colostomy | Feeding Tube | Oxygen Devices | Wheelchair

Other
- Incontinence | Injections | Medicine Administration | Medication Monitoring | Non-Ambulatory | Wandering

Additional Offerings
- Art Therapy
- Caregiver Support Groups
- Community Outings
- Money Management
- Music Therapy
- Pet Therapy

ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:
(A home visit and assessment are required prior to enrollment.)
- Activity Program
- Dietary Services
- Meals
- Medication Management
- Occupational Therapy
- Physical Therapy
- Physician Services
- Psychology / Psychiatry
- Skilled Nursing
- Social Work / Social Services
- Speech Therapy
- Transportation

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:
- Activity Program
- Care & Supervision
- Meals
- Social Services

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.