**San Diego County**

**Escondido**

**Easterseals Southern California [Escondido]**
401 S Ivy Street
Escondido, CA 92025-4339  (760) 737-3990 x 8

Mail:  (above)
Email:  Natasha.Jacobs@essc.org
Web:  www.easterseals.com/southerncal

<table>
<thead>
<tr>
<th>Licensee</th>
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<td>Easter Seals Southern California, Inc.</td>
<td>2009</td>
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<tr>
<td>Non-Profit Organization</td>
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**California Association for Adult Day Services**
Continuous Member Since 2017

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ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:
(A home visit and assessment are required prior to enrollment.)

- ✓ Activity Program
- ✓ Medication Management
- ✓ Physician Services
- ✓ Social Work / Social Services
- ✓ Dietary Services
- ✓ Occupational Therapy
- ✓ Psychology / Psychiatry
- ✓ Speech Therapy
- ✓ Meals
- ✓ Physical Therapy
- ✓ Skilled Nursing
- ✓ Transportation

**Program/s**
- ADVP  Adult Day Vendorized Program
- DD  Adults with Developmental Disabilities

Services designed exclusively for Regional Center clients.

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

- ✓ Activity Program
- ✓ Care & Supervision
- ✓ Meals
- ✓ Social Services
- ✓ Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

- Activity Program
- Dietary Services
- Meals
- Medication Management
- Occupational Therapy
- Physical Therapy
- Physician Services
- Psychology / Psychiatry
- Skilled Nursing
- Social Work / Social Services
- Speech Therapy
- Transportation

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
San Diego County

As of 6/17/2020

HORIZONS ADHC
1035 S. Harbison Avenue
National City, CA 91950  (619) 474-1822

Mail: (above)
Email: Horizonsadhc@hotmail.com
Web: www.horizonsadhc.com

Licensee        Opened
Horizons Adult Day Health Care Center, Inc.  2001
For-Profit Organization

California Association for Adult Day Services
Continuous Member Since 2020

ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:
(A home visit and assessment are required prior to enrollment.)
✓ Activity Program  ✓ Medication Management  ✓ Physician Services  ✓ Social Work / Social Services
✓ Dietary Services  ✓ Occupational Therapy  ✓ Psychology / Psychiatry  ✓ Speech Therapy
✓ Meals  ✓ Physical Therapy  ✓ Skilled Nursing  ✓ Transportation

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:
✓ Activity Program  ✓ Care & Supervision  ✓ Meals  ✓ Social Services  ✓ Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
POWAY ADULT DAY HEALTH CARE CENTER
12250 Crosthwaite Circle
Poway, CA 92064-6882  (858) 748-5044
Mail:  (above)
Email:  info@powayadhc.org
Web:  www.powayadhc.org

Licensee: Poway Adult Day Health Care Center, LLC  Opened 2002
For-Profit Organization

California Association for Adult Day Services
Continuous Member Since 2012

Languages Spoken
English | Farsi | Spanish | Tagalog | Vietnamese

Accessing Services / Intake Process
Call:  858-748-5044 Next Business Day
Contact our Social Work department.

ADHC / CBAS (Medical Model) Hours & Attendance
Monday  9:00 AM to 3:00 PM
Tuesday  9:00 AM to 3:00 PM
Wednesday  9:00 AM to 3:00 PM
Thursday  9:00 AM to 3:00 PM
Friday  9:00 AM to 3:00 PM
Saturday  CLOSED
Sunday  CLOSED
Average Daily Attendance: 58  Daily Capacity: 200

ADP (Non-Medical Model) Hours & Attendance
Monday  8:00 AM to 4:00 PM
Tuesday  8:00 AM to 4:00 PM
Wednesday  8:00 AM to 4:00 PM
Thursday  8:00 AM to 4:00 PM
Friday  8:00 AM to 3:30 PM
Saturday  CLOSED
Sunday  CLOSED
Average Daily Attendance: 15  Daily Capacity: 25

Payments Accepted
- Long Term Care Insurance
- Medi-Cal Managed Care – Contracts for CBAS with:
  - HealthNet
  - Molina
- Private Pay

Programs
- ADHC  Adult Day Health Care
- CBAS  Community Based Adult Services
- ADP  Adult Day Program

At Poway ADHC, we strive to improve the quality of life for older adults and caregivers while fostering an environment that preserves the dignity of our participants. We offer restorative / maintenance care, nursing supervision, social work services, and a structured, individualized program of therapeutic activities. We provide a physically and cognitively stimulating group atmosphere, and always look for new activities to incorporate into our programming. We take pride in advocating for our participants and acting as liaisons to their families and medical professionals to help prevent premature placement in long-term care facilities.

Who We Serve
Ages: 18 and older  Average Client Age: 73

Special Populations
- Alzheimer’s / Related Dementia
- Behavioral Health
- Diabetes
- Heart Disease
- HIV / AIDS
- Persons with Developmental Disabilities
- Post-Stroke / Neurological
- Traumatic Brain Injury

Activities of Daily Living
Eating | Toiletting | Transferring | Walking

Medical Devices
- Catheter | Colostomy | Feeding Tube | Lift: Hoyer | Oxygen Devices | Wheelchair

Other
- Behavioral Challenges | Incontinence Training | Injections | Medications Monitoring

Additional Offerings
- Activity Program
- Art Therapy
- Care & Supervision
- Dietary Services
- Medication Management
- Musical Entertainment
- Pet Therapy
- Physician Services
- Skilled Nursing
- Speech Therapy
- Social Services
- Transportation
- Adult Education
- Care Coordination
- Caregiver Support Groups
- Meals
- Medication Management
- Occupational Therapy
- Physical Therapy
- Psychology / Psychiatry
- Social Worker Services

ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:
(A home visit and assessment are required prior to enrollment.)
- Activity Program
- Medication Management
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:
- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
**San Diego County**

**CASA PACIFICA ADHC CENTER**
1424 30th Street, Suite C
San Diego, CA 92154  (619) 424-8181

**Licensee**
J Gelt Corporation
For-Profit Organization

**Languages Spoken**
English | Spanish | Ilocano | Tagalog | Russian

**Accessing Services / Intake Process**
Call: 619-424-8181  24 Hours

Visit is scheduled, participant needs HA and TB clearance before assessment. If participant needs assistance, center staff will provide transportation and will collaborate with PCP. About 3-4 days.

**ADHC / CBAS (Medical Model) Hours & Attendance**
- Monday: 8:00 AM to 5:00 PM
- Tuesday: 8:00 AM to 5:00 PM
- Wednesday: 8:00 AM to 5:00 PM
- Thursday: 8:00 AM to 5:00 PM
- Friday: 8:00 AM to 5:00 PM
- Saturday: CLOSED
- Sunday: CLOSED

**Average Daily Attendance:** 150  **Daily Capacity:** 290

**ADP (Non-Medical Model) Hours & Attendance**
- Monday: 8:00 AM to 5:00 PM
- Tuesday: 8:00 AM to 5:00 PM
- Wednesday: 8:00 AM to 5:00 PM
- Thursday: 8:00 AM to 5:00 PM
- Friday: 8:00 AM to 5:00 PM
- Saturday: CLOSED
- Sunday: CLOSED

**Average Daily Attendance:** Ask  **Daily Capacity:** Ask

**Payments Accepted**
- Medi-Cal Managed Care – Contracts for CBAS with:
  - Please inquire
  - Private Pay

**Programs**
- ADHC  Adult Day Health Care
- CBAS  Community Based Adult Services
- ADP  Adult Day Program

A very culturally diverse center, serving several mental and physical diagnosis. Over 15,000 square feet, with a shower facility and spacious bathrooms, with a total of 20 restrooms. Programs serving Alzheimer’s/Dementia, DD, MT, diabetes and CVA. Center emphasis on bilingual programs in English, Spanish and Tagalog.

**Who We Serve**
**Ages:** 18 and older  **Average Client Age:** 68

**Special Populations**
- Alzheimer’s / Related Dementia
- Behaviorally Impaired
- Intergenerational
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Substance Abuse
- Traumatic Brain Injury

**Activities of Daily Living**
Bathing | Eating | Toileting | Transferring | Walking

**Medical Devices**
- Catheter | Colostomy | Feeding Tube | Oxygen Devices | Suctioning | Wheelchair

**Other**
Incontinence | Injections | Medication Monitoring | Medicine Administration | Non-Ambulatory | Wandering

**Additional Offerings**
- Adult Education
- Art Therapy
- Care Management
- Caregiver Support Groups
- Community Outings
- Gardening Therapy
- Money Management Training
- Music Therapy
- Nursing
- Occupational Therapy
- Pet Therapy
- Physical Therapy
- Secured Perimeter
- Speech Therapy

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**ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:**
(A home visit and assessment are required prior to enrollment.)
- Activity Program
- Dietary Services
- Meals
- Medication Management
- Occupational Therapy
- Physical Therapy
- Physician Services
- Psychology / Psychiatry
- Skilled Nursing
- Social Work / Social Services
- Speech Therapy
- Transportation

**ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:**
- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

**ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.**
LOVING CARE ADULT DAY HEALTH CENTER
CBAS PROGRAM
2565 Camino Del Rio South, Suite 201
San Diego, CA 92108  (619) 718-9777

As of 4/21/2014

ADHC / CBAS (Medical) centers are required to have licensed/credential staff to provide or arrange for the following:
(A home visit and assessment are required prior to enrollment.)
✓ Activity Program ✓ Medication Management ✓ Physician Services ✓ Social Work / Social Services
✓ Dietary Services ✓ Occupational Therapy ✓ Psychology / Psychiatry ✓ Speech Therapy
✓ Meals ✓ Physical Therapy ✓ Skilled Nursing ✓ Transportation

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:
✓ Activity Program ✓ Care & Supervision ✓ Meals ✓ Social Services ✓ Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.

San Diego

Programs
• ADHC  Adult Day Health Care
• CBAS  Community Based Adult Services

We welcome everyone to our beautiful, friendly day program of therapeutic, social and health services for the frail elderly and other adults with physical or mental impairments. We provide nursing, meals and transportation, social services and restorative therapies, such as physical, occupational, and speech, in a warm, caring and secure environment. Independence, self-expression and being part of a group helps adults, isolated by illness, disability or loss, maintain a positive orientation to life. We focus on the maintenance of physical and mental health, helping you to maintain as high a level of functioning as possible, thereby allowing you to remain in your home and community.

Who We Serve
Ages: 18 and older  Average Client Age: 72

Special Populations
• Alzheimer’s / Related Dementia
• Behavioral Health
• Cultural Focus: Multi-Cultural
• Diabetes
• HIV/AIDS
• Intergenerational
• Lesbian, Gay, Bisexual, Transgender
• Persons with Developmental Disabilities
• Post-Stroke / Neurological
• Substance Abuse
• Traumatic Brain Injury

Activities of Daily Living
Eating | Toileting | Transferring (Getting Up) | Walking

Medical Devices
Catheter | Colostomy | Oxygen Devices | Wheelchair

Other
Behavioral Challenges | Incontinence Training | Injections | Medication Monitoring

Additional Offerings
• Activity Program • Adult Education
• Art Therapy • Care Coordination
• Care & Supervision • Dietary Services
• Gardening Therapy • Health Check-Ups
• Meals • Medication Administration
• Medication Management • Money Management
• Music Therapy • Occupational Therapy
• Pet Therapy • Physical Therapy
• Physician Services • Psychology / Psychiatry
• Skilled Nursing • Social Worker Services
• Speech Therapy • Transportation

Languages Spoken
English | Armenian | Hebrew | Japanese | Russian | Tagalog

Accessing Services / Intake Process
Call: 619-718-9777  Next Business Day
Email: rz2565@msn.com / mkintzlovingcare@yahoo.com
Please call us, and we will walk you through the process.

ADHC / CBAS (Medical Model) Hours & Attendance
Monday  8:00 AM to 3:00 PM
Tuesday  8:00 AM to 3:00 PM
Wednesday  8:00 AM to 3:00 PM
Thursday  8:00 AM to 3:00 PM
Friday  8:00 AM to 3:00 PM
Saturday  CLOSED
Sunday  CLOSED

Office Hours: Mon-Fri 8:00am to 4:00pm
Average Daily Attendance: Inquire  Daily Capacity: 90

Payments Accepted
• Long Term Care Insurance
• Medi-Cal Managed Care – Contracts for CBAS with:
  ♦ Care 1st ♦ Community Health Group ♦ HealthNet
  ♦ Kaiser ♦ Molina
• Medi-Cal Regular Fee-for-Service
• Private Pay
• Regional Center Funding

California Association for Adult Day Services
Continuous Member Since 2009
ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)
- Activity Program
- Dietary Services
- Meals
- Medication Management
- Occupational Therapy
- Physical Therapy
- Physician Services
- Psychology / Psychiatry
- Skilled Nursing
- Social Work / Social Services
- Speech Therapy
- Transportation

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:
- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
**San Marcos**

**AMERICARE ADULT DAY HEALTH CARE CENTER**
340 Rancheros Drive, Suite 196
San Marcos, CA 92069-2900  (760) 682-2424

Mail: 12825 Chaparral Ridge Road
San Diego, CA 92130
Email: INASHTUT@americareadhc.com
Web: www.americareadhc.com

Licensee: AmeriCare ADHC, Inc.  2002
For-Profit Organization

Languages Spoken
English | Farsi | Japanese | Russian | Spanish | Tagalog

**Accessing Services / Intake Process**  **Reply Time**
Call: 760-682-2424  24 Hours

1. Schedule visit day
2. Obtain MD forms
3. Schedule assessment days
4. Admission day

**ADHC / CBAS (Medical Model) Hours & Attendance**

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
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<tr>
<td>Saturday</td>
<td>CLOSED</td>
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<tr>
<td>Sunday</td>
<td>CLOSED</td>
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</tbody>
</table>

Average Daily Attendance: **105**  Daily Capacity: **135**

**ADP (Non-Medical Model) Hours & Attendance**

<table>
<thead>
<tr>
<th>Day</th>
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<tr>
<td>Monday</td>
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<td>Tuesday</td>
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<td>Saturday</td>
<td>CLOSED</td>
</tr>
<tr>
<td>Sunday</td>
<td>CLOSED</td>
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</tbody>
</table>

Average Daily Attendance: **Ask**  Daily Capacity: **Ask**

**Payments Accepted**
- Medi-Cal Managed Care – Contracts for CBAS with:
  - Please inquire
- Private Insurance
- Private Pay

**Programs**

- ADHC  Adult Day Health Care
- CBAS  Community Based Adult Services
- ADP  Adult Day Program

AmeriCare Adult Day Healthcare Center provides a safe and nurturing environment for adult individuals of all ages with medical and psychological challenges. Many of our participants are frail and elderly (150 participants) with the following diagnosis: Alzheimer’s/Related Dementias, Depression, Diabetic, Heart Problems, HTN, Arthritis, Stroke, COPD. AmeriCare also provides structure, support, and safety to the lives of those living independently or in a Licensed Residential Care facility. AmeriCare Adult Day Healthcare center currently provides services to over 90 mental health consumers with the severe diagnosis: Schizophrenia, Bi-Polar, and Major Depression. We also serve about 15-20 participants with developmental disabilities.

**Who We Serve**

- Ages: **18 and older**  Average Client Age: **75**

**Special Populations**
- Alzheimer’s / Related Dementia
- Behaviorally Impaired
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Traumatic Brain Injury

**Activities of Daily Living**

- Eating | Toileting | Transferring | Walking

**Medical Devices**

- Catheter | Colostomy | Feeding Tube | Oxygen Devices | Wheelchair

**Other**

- Incontinence | Injections | Medicine Administration | Medication Monitoring | Non-Ambulatory | Wandering

**Additional Offerings**

- Art Therapy
- Caregiver Support Groups
- Community Outings
- Money Management
- Music Therapy
- Pet Therapy

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**ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:**

(A home visit and assessment are required prior to enrollment.)

- Activity Program  Medication Management  Physician Services  Social Work / Social Services
  - Diet Program  Occupational Therapy  Psychology / Psychiatry  Speech Therapy
  - Meals  Physical Therapy  Skilled Nursing  Transportation

**ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:**

- Activity Program  Care & Supervision  Meals  Social Services  Transportation

**ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.**
San Diego County

San Ysidro

As of 1/16/2020

San Ysidro Adult Day Healthcare Center
3364 Beyer Boulevard
San Ysidro, CA 92173-2700 (619) 205-1373

Mail: (above)
Email: teamadhcsyhc.org
Web: www.syhc.org

Licensee: Centro de Salud de la Comunidad de San Ysidro, Inc.
Opened: 2010
Non-Profit Organization

News

California Association for Adult Day Services
Continuous Member Since 2009

Languages Spoken

English | Spanish

Accessing Services / Intake Process

Call: 619-205-1373 Next Business Day
Email: teamadhcsyhc.org

ADHC / CBAS (Medical Model) Hours & Attendance

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<th>Day</th>
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<tr>
<td>Saturday</td>
<td>CLOSED</td>
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<tr>
<td>Sunday</td>
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</tbody>
</table>

Average Daily Attendance: 84
Daily Capacity: 200

Payments Accepted

- Medi-Cal Managed Care – Contracts for CBAS with:
  - Care 1st
  - Community Health Group
  - HealthNet
  - Kaiser
  - Molina
  - Private Pay

Programs

- ADHC Adult Day Health Care
- CBAS Community Based Adult Services

San Ysidro Adult Day Healthcare Center services are provided in a caring and “home-like” environment and it’s designed specifically for adults in need of support and assistance with their activities of daily living as well as to improve their quality of life in order to remain in the community as independent as possible. We invite you to call us to get familiarized with our program.

Who We Serve

Ages: 18 and older
Average Client Age: 80

Special Populations

- Alzheimer’s / Related Dementia
- Behavioral Health
- Diabetes
- Heart Disease
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Post-Stroke / Neurological
- Traumatic Brain Injury

Activities of Daily Living

Bathing | Eating | Toileting | Transferring | Walking

Medical Devices

Catheter | Colostomy | Feeding Tube | Oxygen Devices | Wheelchair

Other

Behavioral Challenges | Injections | Medication Monitoring
Medication Administration | Non-Ambulatory

Additional Offerings

- Activity Program
- Caregiver Support Groups
- Gardening Therapy
- Music & Movement Therapy
- Personal Care Assistance
- Physical Therapy
- Secured Perimeter
- Social Work/Social Services
- Spiritual Groups
- Art Therapy
- Dietary Services
- Meals
- Occupational Therapy
- Physician Services
- Psycho-Social Counseling
- Skilled Nursing
- Speech Therapy
- Transportation

ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:
(A home visit and assessment are required prior to enrollment.)

- Activity Program
- Dietary Services
- Meals

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:
- Activity Program
- Care & Supervision
- Meals

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

<table>
<thead>
<tr>
<th>✓ Activity Program</th>
<th>✓ Medication Management</th>
<th>✓ Physician Services</th>
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<tr>
<td>✓ Dietary Services</td>
<td>✓ Occupational Therapy</td>
<td>✓ Psychology / Psychiatry</td>
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<td>✓ Meals</td>
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<td>✓ Skilled Nursing</td>
<td>✓ Transportation</td>
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</tbody>
</table>

ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

<table>
<thead>
<tr>
<th>✓ Activity Program</th>
<th>✓ Care &amp; Supervision</th>
<th>✓ Meals</th>
<th>✓ Social Services</th>
<th>✓ Transportation</th>
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ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.