ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:

- Activity Program
- Medication Management
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:

- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
Catholic Charities Adult Day Services, San Francisco
50 Broad Street
San Francisco, CA 94112-3003  (415) 452-3500

Mail:  (above)
Email:  pclement@catholiccharitiesSF.org
Web:  www.CatholicCharitiesSF.org

Licensee  Opened
Catholic Charities  1990
Non-Profit Organization

Languages Spoken
English | Chinese: Cantonese | Chinese: Mandarin | Spanish | Tagalog

Accessing Services / Intake Process  Reply Time
Call:  415-452-3500  24 Hours
Email:  btassone@CatholicCharitiesSF.org

Prefer a site visit with client and caregiver. Client gets involved in program and caregiver works with staff on intake evaluation and paperwork completion. Takes about two hours to complete.

Programs
- ADP  Adult Day Program
- ADCRC Alzheimer's Day Care Resource Center

Catholic Charities Adult Day Services San Francisco and the Alzheimer’s Day Care Resource Center is a licensed program that provides a safe, therapeutic and friendly environment for older adults and support for family caregivers in San Francisco County since 1991. The program is designed to enhance the participants’ quality of life and increase their independence. Seniors and adults with disabilities who experience losses in physical function, memory or social support enjoy safe, fun and stimulating activities aimed at socialization, mental and physical stimulation in a supervised, recreational environment while family members are afforded much needed relief from their daily caregiving responsibilities.

Who We Serve
Ages: 18 or older  Average Client Age: 86

Special Populations
- Alzheimer’s / Related Dementias
- Behaviorally Impaired
- HIV / AIDS
- Lesbian, Gay, Bisexual and Transgender
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Traumatic Brain Injury

Activities of Daily Living
- Eating  |  Toileting  |  Transferring (Getting Up)  |  Walking

Medical Devices
- Wheelchair  |  Walker

Other
- Incontinence  |  Medication Monitoring  |  Non-Ambulatory

Additional Offerings
- Art Therapy
- Care Management
- Caregiver Education
- Caregiver Support Groups
- Community Outings
- Gardening Therapy
- Holiday Celebration
- Music Therapy and Programs
- Pet Therapy
- Physical Fitness and Exercise
- Secured Perimeter

ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:
(A home visit and assessment are required prior to enrollment.)

✓ Activity Program  ✓ Medication Management  ✓ Physician Services  ✓ Social Work / Social Services
✓ Dietary Services  ✓ Occupational Therapy  ✓ Psychology / Psychiatry  ✓ Speech Therapy
✓ Meals  ✓ Physical Therapy  ✓ Skilled Nursing  ✓ Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:

✓ Activity Program  ✓ Care & Supervision  ✓ Meals  ✓ Social Services  ✓ Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:

- Activity Program
- Medication Management
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:

- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:

(A home visit and assessment are required prior to enrollment.)

✓ Activity Program ✓ Medication Management ✓ Physician Services ✓ Social Work / Social Services
✓ Dietary Services ✓ Occupational Therapy ✓ Psychology / Psychiatry ✓ Speech Therapy
✓ Meals ✓ Physical Therapy ✓ Skilled Nursing ✓ Transportation

Program/s
- ADHC Adult Day Health Care
- CBAS Community-Based Adult Services
- PACE Program for All-Inclusive Care for the Elderly

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:

- Activity Program
- Medication Management
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:

- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:

- Activity Program
- Medication Management
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:

- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:

- Activity Program
- Medication Management
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:

- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
# Self-Help for the Elderly Adult Day Services

**San Francisco, CA 94121-3014 | (415) 677-7556**

**Mail:** (above)
**Email:** kelviny@selfhelpelderly.org
**Web:** www.selfhelpelderly.org

---

## Program/s
- **ADHC** Adult Day Health Care
- **CBAS** Community-Based Adult Services
- **ADP** Adult Day Program
- **ADCRC** Alzheimer’s Day Care Resource Center

We specialize in serving Chinese-speaking seniors with our bilingual/bicultural staff and programming.

### Who We Serve
- Ages: 18 or older
- Average Client Age: 85

### Special Populations
- Alzheimer’s / Related Dementias
- Behaviorally Impaired
- Mental Health
- Mono-Cultural
- Persons with Developmental Disabilities
- Physical Disabilities

### Activities of Daily Living
- Eating | Toileting | Transferring (Getting Up) | Walking

### Medical Devices
- Oxygen Devices | Wheelchair

### Other
- Incontinence | Injections | Medicine Administration
- Medication Monitoring | Non-Ambulatory | Wandering

### Additional Offerings
- Adult Education
- Art Therapy
- Care Management
- Caregiver Support Groups
- Community Outings
- Music Therapy
- Nursing
- Nutrition
- Occupational Therapy
- Physical Therapy
- Speech Therapy

---

### Languages Spoken
- English | Chinese: Cantonese | Chinese: Mandarin | Chinese: Other | Vietnamese

### Accessing Services / Intake Process
- **Call:** 415-677-7563 | 24 Hours
- **Email:** kelviny@selfhelpelderly.org

Applicant has to complete an intake form with or without assistance from social worker. Form completion takes about 15-20 minutes.

### ADHC / CBAS (Medical Model) Hours & Attendance

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>9:15 AM to 2:30 PM</td>
</tr>
<tr>
<td>Tuesday</td>
<td>9:15 AM to 2:30 PM</td>
</tr>
<tr>
<td>Wednesday</td>
<td>9:15 AM to 2:30 PM</td>
</tr>
<tr>
<td>Thursday</td>
<td>9:15 AM to 2:30 PM</td>
</tr>
<tr>
<td>Friday</td>
<td>9:15 AM to 2:30 PM</td>
</tr>
<tr>
<td>Saturday</td>
<td>CLOSED</td>
</tr>
<tr>
<td>Sunday</td>
<td>CLOSED</td>
</tr>
</tbody>
</table>

**Average Daily Attendance:** 68 | **Daily Capacity:** 90

### ADP (Non-Medical Model) Hours & Attendance

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>9:15 AM to 2:30 PM</td>
</tr>
<tr>
<td>Tuesday</td>
<td>9:15 AM to 2:30 PM</td>
</tr>
<tr>
<td>Wednesday</td>
<td>9:15 AM to 2:30 PM</td>
</tr>
<tr>
<td>Thursday</td>
<td>9:15 AM to 2:30 PM</td>
</tr>
<tr>
<td>Friday</td>
<td>9:15 AM to 2:30 PM</td>
</tr>
<tr>
<td>Saturday</td>
<td>CLOSED</td>
</tr>
<tr>
<td>Sunday</td>
<td>CLOSED</td>
</tr>
</tbody>
</table>

**Average Daily Attendance:** Inquire | **Daily Capacity:** 30

### Payments Accepted
- Medi-Cal Managed Care – Contracts for CBAS with: Please inquire
- Private Insurance
- Private Pay

---

**ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:**

- Activity Program
- Medication Management
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation

**ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:**

- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

**ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.**
San Francisco County

As of 3/10/2017

SteppingStone Golden Gate Day Health
350 Golden Gate
San Francisco, CA 94102  (415) 359-9210

Mail: (above)
Email: marielee@steppingstonehealth.org
Web: www.steppingstonehealth.org/

Licensee  Opened
North & South of Market Adult Day Health Corporation  1993
Non-Profit Organization

Calif. Association for Adult Day Services
Continuous Member Since 1980

Languages Spoken

Accessing Services / Intake Process  Reply Time
Call: 415-359-9210 x 15  Next Business Day
Email: Fionachow@steppigstonehealth.org

Please call our intake social worker, Fiona Chow, at 415-359-9210 Ext 15. She will explain to you about the intake procedure in detail.

ADHC / CBAS (Medical Model) Hours & Attendance
Monday  8:00 AM to 4:30 PM
Tuesday  8:00 AM to 4:30 PM
Wednesday  8:00 AM to 4:30 PM
Thursday  8:00 AM to 4:30 PM
Friday 8:00 AM to 4:30 PM
Saturday  CLOSED
Sunday  CLOSED
Average Daily Attendance: 50  Daily Capacity: 55

Payments Accepted
- Long Term Care Insurance
- Medi-Cal Managed Care – Contracts for CBAS with:
  - Anthem Blue Cross
  - San Francisco Health Plan
- Medi-Cal Regular Fee-for-Service
- Private Pay
- Veterans Administration

Programs
- ADHC  Adult Day Health Care
- CBAS  Community-Based Adult Services

We provide a range of therapeutic treatments at Golden Gate Day Health such as physical therapy, occupational therapy, speech therapy, nutrition services, case management, multicultural celebrations, music therapy, activity, mental health services, skilled nursing care, tai chi, caregiver respite and housing, and other referrals.

Who We Serve
Ages: 18 or older  Average Client Age: 76

*Must sign up for Managed Care

Special Populations
- Alzheimer’s / Related Dementias
- Behavioral Health
- Cultural Focus: Chinese, Filipino, African American
- Diabetes
- HIV/AIDS
- Intergenerational
- Lesbian, Gay, Bisexual and Transgender
- Persons with Developmental Disabilities
- Post-Stroke / Neurological
- Substance Abuse
- Traumatic Brain Injury
- Veterans

Activities of Daily Living
Eating | Toileting | Transferring (Getting Up) | Walking

Medical Devices
- Oxygen Devices | Wheelchair

Other
- Behavioral Challenges | Incontinence Training | Injections | Medications Monitoring

Additional Offerings
- Activity Program
- Care & Supervision
- Dietary Services
- Meals
- Medication Management
- Occupational Therapy
- Psychology / Psychiatry
- Social Work Services
- Transportation
- Care Coordination
- Community Outings
- Health Check-Ups
- Medication Administration
- Music Therapy
- Physical Therapy
- Skilled Nursing
- Speech Therapy
- Vaccination Clinics

ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:
(A home visit and assessment are required prior to enrollment.)
- Activity Program
- Diet & Nutrition
- General Health Care
- Medication Management
- Physician Services
- Social Work / Social Services
- Social Work / Social Services
- Speech Therapy
- Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:
- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:
(A home visit and assessment are required prior to enrollment.)
✓ Activity Program  ✓ Medication Management
✓ Dietary Services  ✓ Occupational Therapy
✓ Meals  ✓ Physical Therapy
✓ Physician Services  ✓ Psychology / Psychiatry
✓ Social Work / Social Services  ✓ Speech Therapy
✓ Skilled Nursing  ✓ Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:
✓ Activity Program  ✓ Care & Supervision  ✓ Meals
✓ Social Services  ✓ Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.

San Francisco County
As of 6/22/2016

STEPPINGSTONE MABINI DAY HEALTH
55 Mabini Street
San Francisco, CA 94107 (415) 882-7301

Licensee: North & South of Market Adult Day Health Corporation
Opened: 1984
Non-Profit Organization

California Association for Adult Day Services
Continuous Member Since 1984

Languages Spoken
English | Chinese: Cantonese | Chinese: Mandarin
Korean | Spanish | Tagalog | Vietnamese

Accessing Services / Intake Process
Call: (415) 882-7301
Please inquire

ADHC / CBAS (Medical Model) Hours & Attendance
Monday 8:00 AM to 4:00 PM
Tuesday 8:00 AM to 4:00 PM
Wednesday 8:00 AM to 4:00 PM
Thursday 8:00 AM to 4:00 PM
Friday 8:00 AM to 4:00 PM
Saturday CLOSED
Sunday CLOSED

Average Daily Attendance: 48 Daily Capacity: 60

Payments Accepted
● Medi-Cal Managed Care – Contracts for CBAS with:
  ♦ Please inquire
● Private Insurance
● Private Pay
● Veterans Administration

Programs
★ ADHC Adult Day Health Care
★ CBAS Community-Based Adult Services

Though located in the heart of San Francisco, North & South of Market ADHC is proud to feature a beautiful garden with ample walkways, benches and raised garden beds. Our participants represent the rich cultural diversity of the neighborhood and Cantonese, Mandarin, Korean, Vietnamese, Tagalog and Spanish are spoken by staff and participants as well as English.

Who We Serve
Ages: 18 or older Average Client Age: 76

Special Populations
● Alzheimer's / Related Dementias
● Behaviorally Impaired
● Mental Health
● Persons with Developmental Disabilities

Activities of Daily Living
Bathing | Dressing | Eating | Toileting | Transferring (Getting Up) | Walking

Other
Incontinence | Injections | Medicine Administration | Medication Monitoring | Wandering

Additional Offerings
● Care Management
● Caregiver Support Groups
● Community Outings
● Occupational Therapy
● Physical Therapy

Mail: mollietobias@steppingstonehealth.org
Web: www.steppingstonehealth.org/
**San Francisco County**

As of 5/20/2019

**Steppingstone Mission Creek Day Health**
930 Fourth Street
San Francisco, CA 94158 (415) 974-6784

Mail: (above)  
Email: dianaalmanza@steppingstonehealth.org  
Web: www.steppingstonehealth.org/

Licensee: North & South of Market Adult Day Health Corporation  
Opened: 2006  
Non-Profit Organization

Languages Spoken:
- English
- Chinese: Cantonese
- Chinese: Mandarin
- Russian
- Spanish
- Tagalog

Accessing Services / Intake Process:
- Call: 415-923-0245  
- Reply Time: 24 Hours

We have a central intake social worker who performs initial screening. We use a one-page referral form with agency/hospital/provider referrals. Program social worker will make home visit & schedule assessment days.

**ADHC / CBAS (Medical Model) Hours & Attendance**

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>8:00 AM to 5:30 PM</td>
</tr>
<tr>
<td>Tuesday</td>
<td>8:00 AM to 5:30 PM</td>
</tr>
<tr>
<td>Wednesday</td>
<td>8:00 AM to 5:30 PM</td>
</tr>
<tr>
<td>Thursday</td>
<td>8:00 AM to 5:30 PM</td>
</tr>
<tr>
<td>Friday</td>
<td>8:00 AM to 5:30 PM</td>
</tr>
<tr>
<td>Saturday</td>
<td>CLOSED</td>
</tr>
<tr>
<td>Sunday</td>
<td>CLOSED</td>
</tr>
</tbody>
</table>

**Average Daily Attendance:** 50  
**Daily Capacity:** 60

**Payments Accepted**
- Medi-Cal Managed Care – Contracts for CBAS with:
  - Please inquire
- Private Insurance
- Private Pay
- Veterans Administration

**Programs**
- **ADHC** Adult Day Health Care
- **CBAS** Community-Based Adult Services

Mission Creek Day Health is a beautiful, new, 8,000 sq. ft. ADHC located in the newly developed Mission Bay neighborhood, right on the water. We are partnered with Mission Creek Senior Community housing. We serve a diverse population of adults and seniors with mental and physical disabilities who speak a variety of languages, such as Cantonese, Mandarin, Korean, Russian, Spanish, Tagalog and English. We offer translation services on site. There is a large outdoor courtyard with a view of the water.

**Who We Serve**
- Ages: 18 or older  
- Average Client Age: 77

**Special Populations**
- Alzheimer’s / Related Dementias
- Behaviorally Impaired
- HIV/AIDS
- Homeless/Formerly Homeless
- Lesbian, Gay, Bisexual and Transgender
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Substance Abuse
- Traumatic Brain Injury

**Activities of Daily Living**
- Bathing
- Eating
- Tolietting
- Transferring (Getting Up)
- Walking

**Medical Devices**
- Oxygen Devices
- Wheelchair

**Other**
- Incontinence
- Injections
- Medicine Administration
- Medication Monitoring
- Non-Ambulatory
- Wandering

**Additional Offerings**
- Adult Education
- Art Therapy
- Care Management
- Community Outings
- Gardening Therapy
- Money Management
- Nursing
- Occupational Therapy
- Pet Therapy
- Physical Therapy
- Podiatry
- Speech Therapy

---

**ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:**
(A home visit and assessment are required prior to enrollment.)

- ✓ Activity Program
- ✓ Medication Management
- ✓ Physician Services
- ✓ Social Work / Social Services
- ✓ Dietary Services
- ✓ Occupational Therapy
- ✓ Psychology / Psychiatry
- ✓ Speech Therapy
- ✓ Meals
- ✓ Physical Therapy
- ✓ Skilled Nursing
- ✓ Transportation

**ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:**

- ✓ Activity Program
- ✓ Care & Supervision
- ✓ Meals
- ✓ Social Services
- ✓ Transportation

**ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.**
San Francisco County

As of 6/22/2016

STEPPINGSTONE PRESENTATION DAY HEALTH
301 Ellis Street
San Francisco, CA 94102  (415) 923-0245 x 18

Mail:  (above)
Email:  nicoleclause@steppingstonehealth.org
Web:  www.steppingstonehealth.org/

Licensee Opened
North & South of Market Adult Day Health Corporation 2001
Non-Profit Organization

California Association for Adult Day Services
Continuous Member Since 2002

Languages Spoken
English | Chinese: Cantonese | Chinese: Mandarin | Korean | Russian | Tagalog

Accessing Services / Intake Process Reply Time
Call:  415-923-0245 Next Day

Our central intake social worker performs initial screening. We use a one-page referral from with agencies/hospitals/providers who make referrals. Social worker makes home visits and schedules assessment days.

ADHC / CBAS (Medical Model) Hours & Attendance
Monday 9:00 AM to 2:00 PM
Tuesday 9:00 AM to 2:00 PM
Wednesday 9:00 AM to 2:00 PM
Thursday 9:00 AM to 2:00 PM
Friday 9:00 AM to 2:00 PM
Saturday CLOSED
Sunday CLOSED
Average Daily Attendance: 45  Daily Capacity: 60

Payments Accepted
Medi-Cal Managed Care – Contracts for CBAS with:
Please inquire
Private Insurance
Private Pay
Veterans Administration

Special Populations
Alzheimer’s / Related Dementias
Behaviorally Impaired
HIV/AIDS
Lesbian, Gay, Bisexual and Transgender
Mental Health
Persons with Developmental Disabilities
Physical Disabilities

Programs
ADHC Adult Day Health Care
CBAS Community-Based Adult Services

Presentation Day Health is located in San Francisco’s Tenderloin neighborhood and is partnered with Presentation Senior Community. The population we serve reflects the rich diversity of the neighborhood with Cantonese, Mandarin, Tagalog, Russian, Korean and English speaking participants and staff.

Who We Serve
Ages: 18 or older  Average Client Age: 77

Activities of Daily Living
Bathing | Eating | Toileting | Transferring (Getting Up) | Walking

Medical Devices
Catheter | Colostomy | Feeding Tube | Oxygen Devices | Wheelchair

Other
Incontinence | Injections | Medicine Administration | Medication Monitoring | Non-Ambulatory | Wandering

Activities of Daily Living

Additional Offerings
Adult Education
Art Therapy
Care Management
Caregiver Support Groups
Community Outings
Nursing
Occupational Therapy
Pet Therapy
Physical Therapy
Podiatry
Speech Therapy

Payments Accepted
Medi-Cal Managed Care – Contracts for CBAS with:
Please inquire
Private Insurance
Private Pay
Veterans Administration

ADH C / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:
(A home visit and assessment are required prior to enrollment.)
✓ Activity Program  ✓ Medication Management  ✓ Physician Services  ✓ Social Work / Social Services
✓ Dietary Services  ✓ Occupational Therapy  ✓ Psychology / Psychiatry  ✓ Speech Therapy
✓ Meals  ✓ Physical Therapy  ✓ Skilled Nursing  ✓ Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:
✓ Activity Program  ✓ Care & Supervision  ✓ Meals  ✓ Social Services  ✓ Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.