**MILLS-PENINSULA SENIOR FOCUS CENTER ADULT DAY HEALTH**

1720 El Camino Real, Suite 10  
Burlingame, CA  94010  
(650) 696-3660

Mail:  (above)  
Email:  keegann@sutterhealth.org  
Web:  www.millspeninsula.org/seniors

Licensee  Opened  
Sutter Bay Hospitals  1985  
Non-Profit Organization

California Association for Adult Day Services  
*Continuous Member Since 1984*

**Languages Spoken**

English  |  Chinese: Mandarin  |  Chinese: Cantonese  |  Ilocano  |  Spanish  |  Tagalog

**Accessing Services / Intake Process**

Call:  650-696-3660  
48 Hours

A tour of the program is suggested. Health Plan of San Mateo requires a tour prior to referral. A telephone interview of approximately 30 minutes in length is conducted. Paperwork is sent to the caregivers for completion, a physician treatment plan is required. The participant is then scheduled for three assessment visits where he/she is evaluated by the multidisciplinary team.

**ADHC / CBAS (Medical Model) Hours & Attendance**

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>Monday</td>
<td>11:00 AM to 4:00 PM</td>
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<tr>
<td>Tuesday</td>
<td>11:00 AM to 4:00 PM</td>
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<td>Thursday</td>
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<td>Friday</td>
<td>11:00 AM to 4:00 PM</td>
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<tr>
<td>Saturday</td>
<td>CLOSED</td>
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<tr>
<td>Sunday</td>
<td>CLOSED</td>
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Average Daily Attendance: 55  
Daily Capacity: 60

**Payments Accepted**

- Long Term Care Insurance
- Medi-Cal Managed Care – **Contracts for CBAS with:**  
  - Health Plan of San Mateo
- Private Pay
- Veterans Administration

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**Programs**

- ADHC  Adult Day Health Care
- CBAS  Community Based Adult Services
- ADCRC  Alzheimer’s Day Care Resource Center

The Adult Day Health Program, which includes an Alzheimer's Day Care Resource Center, provides a comprehensive day program of health, social, rehabilitation and recreation services necessary to keep frail, disabled seniors living successfully in the community. Our services include: direct nursing care, coordination of health services with other community providers, and physical, occupational, speech and recreation therapy. Nutrition management and education, social work, psychological services, transportation, a hot noon meal and support groups are also provided. Podiatry and audiology services are available on site.

**Who We Serve**

Ages: 18 or older  
Average Client Age: 75

**Special Populations**

- Alzheimer’s / Related Dementia
- Behavioral Health
- Diabetes
- Lesbian, Gay, Bisexual and Transgender
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Post-Stroke / Neurological
- Substance Abuse
- Traumatic Brain Injury

**Activities of Daily Living**

- Eating  |  Toileting  |  Transferring (Getting Up)  |  Walking

**Medical Devices**

- Catheter  |  Colostomy  |  Feeding Tube  |  Oxygen Devices  |  Wheelchair

**Other**

- Behavioral Changes  
- Blood Glucose Monitoring  
- Incontinence  
- Medicine Administration / Injections  
- Medication Monitoring

**Additional Offerings**

- Adult Education  
- Art Therapy  
- Caregiver Education  
- Caregiver Support Groups  
- Music Therapy

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**ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:**

(A home visit and assessment are required prior to enrollment.)

- Activity Program  
- Medication Management  
- Physician Services  
- Social Work / Social Services

- Dietary Services  
- Occupational Therapy  
- Psychology / Psychiatry  
- Speech Therapy

- Meals  
- Physical Therapy  
- Skilled Nursing  
- Transportation

**ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:**

- Activity Program  
- Care & Supervision  
- Meals  
- Social Services  
- Transportation

**ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.**
The intake coordinator will meet with the potential client and family to gain information for eligibility. There has to be a medical necessity to be eligible.

**ADHC / CBAS (Medical Model) Hours & Attendance**

- Monday: 8:30 AM to 4:30 PM
- Tuesday: 8:30 AM to 4:30 PM
- Wednesday: 8:30 AM to 4:30 PM
- Thursday: 8:30 AM to 4:30 PM
- Friday: 8:30 AM to 4:30 PM
- Saturday: CLOSED
- Sunday: CLOSED

*Average Daily Attendance: 35  Daily Capacity: 60*

**Payments Accepted**

- Medi-Cal Managed Care – Contracts for CBAS with:
  - Health Plan of San Mateo
  - Long Term Care Insurance
  - Private Health Insurance
  - Private Pay
  - Regional Center Funding
  - Veterans Administration
  - Other: Scholarships available

**Languages Spoken**

- English
- Chinese: Mandarin
- Portuguese
- Spanish
- Tagalog

**Accessing Services / Intake Process**

**Call:** 650-726-5067  **Next Business Day**

**Email:** siracuse.cadhc@gmail.com

The intake coordinator will meet with the potential client and family to gain information for eligibility. There has to be a medical necessity to be eligible.

**ADHC / CBAS (Medical Model) Centers Required to Have Licensed/Credential Staff to Provide or Arrange for:**

- Activity Program
- Medication Management
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation
- Adult Education
- Care Coordination
- Community Outings
- Dietetic Services
- Health Check-Ups
- Medication Administration
- Money Management
- Occupational Therapy
- Physical Therapy
- Psychology / Psychiatry
-Skilled Nursing
-Speech Therapy
-Vaccination Clinics

**ADP (Non-Medical Model) Centers Required to Have Staff to Provide or Arrange for Assistance With:**

- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

**ADVP (Non-Medical) Programs are Vendorized by Regional Centers to Serve Persons with Developmental Disabilities.**
Peninsula Volunteers Rosener House ADS
500 Arbor Road
Menlo Park, CA 94025  (650) 322-0126
Mail: (above)
Email: bkalt@peninsulavolunteers.org
Web: www.peninsulavolunteers.org

Licensee  Opened
Peninsula Volunteers Rosener House ADS  1978
Non-Profit Organization

Languages Spoken
English  |  Danish  |  Hebrew  |  German  |  Spanish  |  Tagalog  |  Vietnamese

Accessing Services / Intake Process  Reply Time
Call: 650-322-0126  24 Hours
Email: sschachter@peninsulavolunteers.org
Sarah Schachter, MSW

After initial contact, a tour is arranged, followed by a visit
day. Application and physician forms, including a TB

test, must be completed prior to admission. This usually
takes 1-2 weeks.

ADP (Non-Medical Model) Hours & Attendance
Monday  8:00 AM to 5:30 PM
Tuesday  8:00 AM to 5:30 PM
Wednesday  8:00 AM to 5:30 PM
Thursday  8:00 AM to 5:30 PM
Friday  8:00 AM to 5:30 PM
Saturday  CLOSED
Sunday  CLOSED
Average Daily Attendance: 55  Daily Capacity: 80

Payments Accepted
• MSSP Funding
• Private Insurance
• Private Pay
• Veterans Administration

Programs
ADP  Adult Day Program
We offer a comprehensive program of social, health and
support services based on assessment of each
dividual's needs including therapeutic activities,
protective supervision and personal care assistance.
Exercise, music, creative arts, pet therapy, games,
physical, occupational and speech therapies,
tergenerational programs, reading and discussion
groups are led by professional staff and volunteers. The
dementia services program offers a supportive
environment and specialized activities for participants
with significant memory loss. The program's goal is to
enhance the participant's quality of life and to provide
support and respite for caregivers. The program began
in 1978, and in September 2001, a new state of the art
facility opened. With increased capacity, this facility was
designed specifically to meet the needs of older adults
with disabilities well into the 21st century.

Who We Serve
Ages: 18 or older  Average Client Age: 83

Special Populations
• Alzheimer's / Related Dementia
• HIV/AIDS
• Lesbian, Gay, Bisexual and Transgender
• Mental Health
• Persons with Developmental Disabilities
• Physical Disabilities
• Traumatic Brain Injury

Activities of Daily Living
Eating  |  Toileting  |  Transferring (Getting Up)  |  Walking

Medical Devices
Catheter  |  Oxygen Devices  |  Wheelchair

Other
Incontinence  |  Medication Monitoring  |  Non-Ambulatory  |  Wandering

Additional Offerings
• Adult Education
• Art Therapy
• Care Management
• Caregiver Support Groups
• Gardening Therapy
• Music Therapy
• Nursing
• Occupational Therapy
• Pet Therapy
• Physical Therapy
• Secured Perimeter
• Social Work / Social Services
• Speech Therapy

ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:
(A home visit and assessment are required prior to enrollment.)
✔ Activity Program  ✔ Medication Management  ✔ Physician Services  ✔ Social Work / Social Services
✔ Dietary Services  ✔ Occupational Therapy  ✔ Psychology / Psychiatry  ✔ Speech Therapy
✔ Meals  ✔ Physical Therapy  ✔ Skilled Nursing  ✔ Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:
✔ Activity Program  ✔ Care & Supervision  ✔ Meals  ✔ Social Services  ✔ Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
San Carlos
As of 8/31/2016

Catholic Charities Adult Day Services, San Mateo County
787 Walnut Street
San Carlos, CA 94070 (650) 592-9325
Mail: (above)
Email: P克莱门t@CatholicCharitiesSF.org
Web: https://catholiccharitiessf.org/our-programs/adult-day-services-san-mat/

Licensee: Catholic Charities
Non-Profit Organization

California Association for Adult Day Services
Continuous Member Since 2005

Languages Spoken
English | Fijian | Hindi | Rutuman | Spanish | Tagalog

Accessing Services / Intake Process
Call: 650-592-9325
Email: Csantoni@CatholicCharitiesSF.org

After the initial contact, a free visit day is arranged. The social worker will assist the family caregiver in completing the application for enrollment. The application, physicians forms and TB Test results must be complete prior to admission. This typically takes 1 to 2 weeks.

ADP (Non-Medical Model) Hours & Attendance
Monday 8:00 AM to 5:30 PM
Tuesday 8:00 AM to 5:30 PM
Wednesday 8:00 AM to 5:30 PM
Thursday 8:00 AM to 5:30 PM
Friday 8:00 AM to 5:30 PM
Saturday CLOSED
Sunday CLOSED
Average Daily Attendance: 24 Daily Capacity: 32

Payments Accepted
- Long Term Care Insurance
- MSSP Funding
- Private Pay
- Veterans Administration

Programs
- ADP Adult Day Program
Catholic Charities Adult Day Services San Mateo County is a licensed Adult Day Program that provides a safe, therapeutic and friendly environment for older adults and support for family caregivers in San Mateo County since 1975. The program is designed to enhance the participants’ quality of life and increase their independence. Seniors and adults with disabilities who experience losses in physical function, memory or social support enjoy safe, fun and stimulating activities aimed at socialization, mental and physical stimulation in a supervised, recreational environment while family members are afforded much needed relief from their daily caregiving responsibilities.

Who We Serve
Ages: 18 or older Average Client Age: 82

Special Populations
- Alzheimer’s / Related Dementia
- HIV/AIDS
- Lesbian, Gay, Bisexual and Transgender
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Traumatic Brain Injury

Activities of Daily Living
- Eating | Toileting | Transferring (Getting Up) | Walking

Medical Devices
- Wheelchair | Walker

Other
- Extended Care | Incontinence | Non-Ambulatory | Wandering

Additional Offerings
- Art Therapy (Memories in the Making)
- Brain Fitness
- Care Management
- Caregiver Education / Caregiver Support Groups
- Community Outings
- Creative Arts
- Holiday Celebrations
- Intergenerational Activities
- Music Programs
- Pet Therapy
- Physical Fitness and Exercise
- Secured Perimeter

ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:
(A home visit and assessment are required prior to enrollment.)
- Activity Program
- Dietary Services
- Meals
- Medication Management
- Occupational Therapy
- Physical Therapy
- Physician Services
- Psychology / Psychiatry
- Skilled Nursing
- Social Work / Social Services
- Speech Therapy
- Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:
- Activity Program
- Care & Supervision
- Meals
- Social Services

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.