Grants per prior to referral. A home visit and assessment are required prior to enrollment.

ADHC / CBAS (Medical Model) centers are required to have licensed/credential staff to provide or arrange for assistance with:

- Activity Program
- Dietary Services
- Meals
- Medication Management
- Occupational Therapy
- Physical Therapy
- Physician Services
- Psychological / Psychiatry
- Social Services
- Speech Therapy
- Skilled Nursing
- Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:

- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
COASTSIDE ADULT DAY HEALTH CENTER
925 Main Street, Suite A
Half Moon Bay, CA 94019-2379 (650) 726-5067
Mail: (above)
Email: cadhc@coastside.net
Web: www.coastsideadultdayhealth.org

Licensee
Coastside Adult Day Health Center
Non-Profit Organization

California Association for Adult Day Services
Continuous Member Since 2014

Languages Spoken
English | Chinese: Mandarin | Portuguese | Spanish | Tagalog

Accessing Services / Intake Process
Call: 650-726-5067 Next Business Day
Email: siracusa.cadhc@gmail.com

The intake coordinator will meet with the potential client and family to gain information for eligibility. There has to be a medical necessity to be eligible.

ADHC / CBAS (Medical Model) Hours & Attendance
Monday 8:30 AM to 4:30 PM
Tuesday 8:30 AM to 4:30 PM
Wednesday 8:30 AM to 4:30 PM
Thursday 8:30 AM to 4:30 PM
Friday 8:30 AM to 4:30 PM
Saturday CLOSED
Sunday CLOSED

Average Daily Attendance: 35 Daily Capacity: 60

Payments Accepted
- Medi-Cal Managed Care – Contracts for CBAS with:
  - Health Plan of San Mateo
  - Long Term Care Insurance
  - Private Health Insurance
  - Private Pay
  - Regional Center Funding
  - Veterans Administration
  - Other: Scholarships available

Programs
- ADHC Adult Day Health Care
- CBAS Community Based Adult Services

CADHC’s mission has been to keep people as healthy, active, and independent as possible when advancing years or physical / mental conditions call for more care and attention. The Center’s goal is to help restore and maintain mental / physical health to enhance the quality of life for our participants and their caregivers. The Center offers a daily program of activities and health services run by a staff of professionals.

Who We Serve
Ages: 18 or older Average Client Age: 85

Special Populations
- Alzheimer’s / Related Dementia
- Behavioral Health
- Diabetes
- Intergenerational
- Persons with Developmental Disabilities
- Physical Disabilities
- Post-Stroke / Neurological
- Traumatic Brain Injury
- Veterans

Activities of Daily Living
Bathing | Eating | Toileting | Transferring (Getting Up) | Walking

Medical Devices
Catheter | Colostomy | Feeding Tube | Oxygen Devices | Wheelchair

Other
- Behavioral Changes
- Incontinence Training
- Injections
- Medications Monitoring
- Non-Ambulatory

Additional Offerings
- Activity Program
- Art Therapy
- Care and Supervision
- Caregiver Support Groups
- Gardening Therapy
- Meals
- Medication Management
- Music Therapy
- Pet Therapy
- Physician Services
- Secured Perimeter
- Social Worker Services
- Transportation
- Adult Education
- Care Coordination
- Community Outings
- Dietary Services
- Health Check-Ups
- Medication Administration
- Money Management
- Occupational Therapy
- Physical Therapy
- Psychology / Psychiatry
- Skilled Nursing
- Speech Therapy
- Vaccination Clinics

ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:
(A home visit and assessment are required prior to enrollment.)
- Activity Program
- Medication Management
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:
- Activity Program
- Care & Supervision
- Meals
- Social Services

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
San Mateo County

Peninsula Volunteers Rosener House ADS
500 Arbor Road
Menlo Park, CA 94025  (650) 322-0126

Licensee: Peninsula Volunteers Rosener House ADS
Opened: 1978
Non-Profit Organization

California Association for Adult Day Services
Continuous Member Since 1985

Languages Spoken
English | Danish | Hebrew | German | Spanish | Tagalog | Vietnamese

Accessing Services / Intake Process
Call: 650-322-0126
Email: sschachter@peninsulavolunteers.org
Sarah Schachter, MSW

After initial contact, a tour is arranged, followed by a visit day. Application and physician forms, including a TB test, must be completed prior to admission. This usually takes 1-2 weeks.

ADP (Non-Medical Model) Hours & Attendance
Monday 8:00 AM to 5:30 PM
Tuesday 8:00 AM to 5:30 PM
Wednesday 8:00 AM to 5:30 PM
Thursday 8:00 AM to 5:30 PM
Friday 8:00 AM to 5:30 PM
Saturday CLOSED
Sunday CLOSED
Average Daily Attendance: 55  Daily Capacity: 80

Payments Accepted
- MSSP Funding
- Private Insurance
- Private Pay
- Veterans Administration

Programs
- ADP  Adult Day Program

We offer a comprehensive program of social, health and support services based on assessment of each individual's needs including therapeutic activities, protective supervision and personal care assistance. Exercise, music, creative arts, pet therapy, games, physical, occupational and speech therapies, intergenerational programs, reading and discussion groups are led by professional staff and volunteers. The dementia services program offers a supportive environment and specialized activities for participants with significant memory loss. The program's goal is to enhance the participant's quality of life and to provide support and respite for caregivers. The program began in 1978, and in September 2001, a new state of the art facility opened. With increased capacity, this facility was designed specifically to meet the needs of older adults with disabilities well into the 21st century.

Who We Serve
Ages: 18 or older  Average Client Age: 83

Special Populations
- Alzheimer's / Related Dementia
- HIV/AIDS
- Lesbian, Gay, Bisexual and Transgender
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Traumatic Brain Injury

Activities of Daily Living
- Eating  |  Toileting  |  Transferring (Getting Up)  |  Walking

Medical Devices
- Catheter  |  Oxygen Devices  |  Wheelchair

Other
- Incontinence  |  Medication Monitoring  |  Non-Ambulatory  |  Wandering

Additional Offerings
- Adult Education
- Art Therapy
- Care Management
- Caregiver Support Groups
- Gardening Therapy
- Music Therapy
- Nursing
- Occupational Therapy
- Pet Therapy
- Physical Therapy
- Secured Perimeter
- Social Work / Social Services
- Speech Therapy

ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:

- Activity Program
- Medication Management
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:

- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.
Catholic Charities Adult Day Services San Mateo County is a licensed Adult Day Program that provides a safe, therapeutic and friendly environment for older adults and support for family caregivers in San Mateo County since 1975. The program is designed to enhance the participants’ quality of life and increase their independence. Seniors and adults with disabilities who experience losses in physical function, memory or social support enjoy safe, fun and stimulating activities aimed at socialization, mental and physical stimulation in a supervised, recreational environment while family members are afforded much needed relief from their daily caregiving responsibilities.

Who We Serve
Ages: 18 or older
Average Client Age: 82

Special Populations
- Alzheimer’s / Related Dementia
- HIV/AIDS
- Lesbian, Gay, Bisexual and Transgender
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Traumatic Brain Injury

Activities of Daily Living
- Eating | Toileting | Transferring (Getting Up) | Walking

Medical Devices
- Wheelchair | Walker

Other
- Extended Care | Incontinence | Non-Ambulatory | Wandering

Additional Offerings
- Art Therapy (Memories in the Making)
- Brain Fitness
- Care Management
- Caregiver Education / Caregiver Support Groups
- Community Outings
- Creative Arts
- Holiday Celebrations
- Intergenerational Activities
- Music Programs
- Pet Therapy
- Physical Fitness and Exercise
- Secured Fitness
- Secured Perimeter

ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:
- Activity Program
- Medication Management
- Physician Services
- Social Work / Social Services
- Dietary Services
- Occupational Therapy
- Psychology / Psychiatry
- Speech Therapy
- Meals
- Physical Therapy
- Skilled Nursing
- Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:
- Activity Program
- Care & Supervision
- Meals
- Social Services
- Transportation

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.