

<b>Contra Costa County</b>	720 sq.mi. 1,318 persons / sq.mi.	<b>Median Age: 36.4</b>
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**Snapshot**

Contra Costa is a county that is both urban and rural, situated along the northeast shore of the San Francisco Bay. It is ranked among the most populous counties in California.

In 2000, the median age was 3 years older than the state of California. More than one of every 8 people was over 65 years of age and one in 67 was 85 or older. Nearly one in 5 adults was 65+ or disabled.

**Workforce**

Unemployment was 3.3% (2001). Alameda has a public authority for IHSS. There were projected to be 820 job openings for RNs and an estimated 1,343 direct care nursing staff needed in facilities (2000). Average hourly wages (2001):

RN	HHA	Nurse Asst	IHSS	MSW	PT
\$32.35	\$13.34	\$11.41	\$9.00	\$25.60	\$33.93

**Medi-Cal**

Contra Costa had a lower percent of the population who are Medi-Cal eligibles than California—one in every 11 people.

Contra Costa is one of 12 counties that provide Medi-Cal managed care services through the Two-Plan Model, offering choice between at least two managed care plans for families with children and others.

**Housing**

The median home price was \$292,500 (2001). Housing vacancy rates in 2000 were lower than statewide averages: homeowners at .8%; rentals at 2.7%.

Contra Costa had more households with individuals 65+ (19.2%) and 65+ living alone (8.0%) than California on average. Of those over 65, one in 2.8 were living alone (36.1%).

**Long Term Care: Special Programs**

LTC Innovation Grants: COIL InfoVan for outreach through AAA.

LTCIPP: Contra Costa has received grant funds in the past from DHS for planning and coordinating how to integrate services for seniors and those with disabilities.

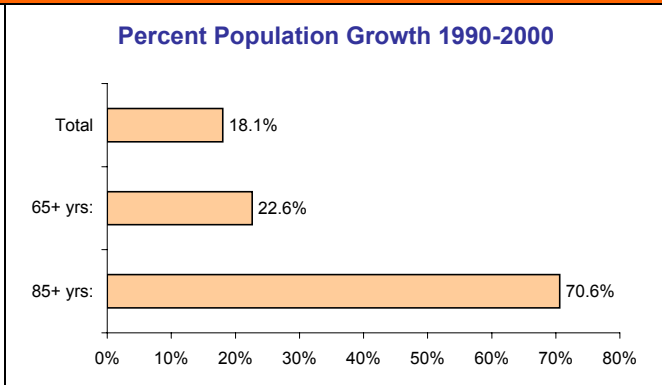
**Transportation**

Reported transit services for people in the cities and county of Contra Costa: 513,526 passengers using special vehicles (not including ferries); 58 special vehicles operated peak hours and 56 operated middays during the week; 20 on Saturdays; and 5 on Sundays.

**Population Growth** (increase since 1990): **18.1%**      **65+ yrs: 22.6%**      **85+ yrs: 70.6%**

**Demographics**

Population	1990		2000		2010	
		%		%		%
	(US Census)		(US Census)		(DOF Projection)	
<b>Total Population</b>	803,732	100%	948,816	100%	1,025,857	100%
Over 60	119,145	15%	142,932	15%	214,036	21%
Disabled (21-64)	not available	not available	91,254	10%	not available	not available
Total 65+	87,496	11%	107,272	11%	147,232	14%
<b>Total Over 65 + Disabled (21-64)</b>	not available	not available	198,526	21%	not available	not available
Total 65-74	52,867	7%	54,722	6%	84,137	8%
Total 75-84	26,791	3%	39,179	4%	43,824	4%
Total 85+	7,838	1%	13,371	1%	19,271	2%



Gender (2000) US Census	Total	65+	85+
Male	48.8%	4.7%	0.4%
Female	51.2%	6.6%	1.0%

Ethnicity (2000) US Census	Total	65+
<b>Total</b>	100%	11%
White*	58%	8.83%
Black or African American*	9%	0.75%
Hispanic or Latino	18%	0.81%
Asian	11%	1.01%
Native Hawaiian and Other Pacific Islander	0.3%	0.01%
American Indian or Alaska Native	0.4%	0.03%
Some Other Race	0.3%	0.01%
Multi-Racial (two or more)	3.4%	0.17%

\*Not of Hispanic or Latino Origin

Enrollment (2000)	Eligibles	% Tot Pop	Elig 65+	% 65+
Medi-Cal Recipients	84,442	9.0%	12,293	1.30%
SSI/SSP Recipients	21,175	2.2%	not available	not available
Dual Eligibles	15,447	1.6%	not available	not available

**Demographic Trends**

Contra Costa County's population is growing faster than California. There was also more growth in the percentage of those who are over 65 and over 85.

In 2000, Contra Costa had 42% non-Whites while the state had 53% non-Whites. Almost one of every 6 persons was Hispanic/Latino; one in 10 was Asian; one in 11 was Black/African American; and one in 29 persons was multi-racial. Looking at age and ethnicity: one in 11 persons was 65+/White; one in 99 was 65+/Asian; one in 123 was 65+/Hispanic/Latino; and one in 133 was 65+/Black/African American.

The median household income was \$16,200 higher than California's, with fewer people living below the poverty level—one in 13.

**Persons under Poverty Level: 7.6%**      **65+ yrs: 5.0%**      **Median Household Income: \$63,675**

NOTE: Data on Page 2 are from statewide sources only. Data may not include all funding sources. See notes on Data Sources.

SERVICES	ANNUAL INFORMATION		
Home and Community Based Services (County Level Data)	Providers or Sites	Serving	Expense / Allocation
<b>Adult Day Services (ADS)</b>			
Adult Day Health Care (ADHC) Providers	3	174	\$1,541,077
Adult Day Care (ADC) / Adult Day Support Centers (ADSC)	6	116	not available
<b>Multipurpose Senior Services Program (MSSP)</b>	1	304	\$645,647
<b>In-Home Services</b>			
Home Health Agencies (HHAs)	16	17,658	not available
In-Home Supportive Services (IHSS)	4,084	5,307	\$33,645,330
<b>Adult Protective Services (APS)</b>	1	155	\$1,712,029
<b>Independent Living Centers (ILCs)</b>	1	173	\$459,110

County Level Data Not Available			
<b>Caregiver Resource Centers (CRCs)</b>	1	2,369	\$1,122,840
The Bay Area Caregiver Resource Center provides services to Alameda, Contra Costa, Marin, San Francisco, San Mateo, and Santa Clara counties.			

PSA 7 - Single-County AAA (County Level Data)			
<b>Area Agencies on Aging</b>			
\$0.85M (State) + \$2.4M (Fed) = \$3.25M			
Includes \$0.55M Info & Assistance, \$0.5M Fed Caregiver Support Prgm			
Serving: Contra Costa County			
The AAA serves as an access point for persons needing information or services for elders, persons with disabilities, and their families or caregivers. The agency provides advocacy, information and assistance, local planning, funding allocations, and monitoring of services. The following may not represent all the AAA's local programs, services or expenditures:			
<b>Nutrition</b>			
Brown Bag	not available	1,666	\$25,605
Home Delivered Meals	not available	1,471	\$553,328
Congregate Meals	not available	1,390	\$757,758
<b>Assistance / Counseling / Advocacy</b>			
Health Insurance Counseling & Advocacy Programs (HICAP)	1	3,643	\$147,033
Ombudsman	1	2,498	\$165,896
<b>Care Coordination</b>			
Linkages	1	116	\$224,626
<b>Specialized Care</b>			
Alzheimer's Day Care Resource Centers (ADCRCs)	1	46	\$85,938
<b>Senior Service Corps</b>			
Foster Grandparents (number of senior volunteers)	0	0	\$0
Senior Companions (number of senior volunteers)	not available	30	\$108,123

Facility Based Services (County Level Data)	Providers	Serving	Expense / Allocation
Freestanding Nursing Facility (NFs)	36	2,755	\$66,647,573
Hospital-Based Nursing Facility (NFs)	1	29	\$6,208,363
Residential Care Facilities for the Elderly (RCFEs)	279	4,602	not available

County Comparisons	
How does your county rank on these indicators - in the highest, middle, or lowest third of all counties in the state?	
Indicator	Rank
Median Household Income	4
RCFE Beds/1,000	8
Total Population	9
85+ Pop Growth (1990-2000)	10
65+ Pop Growth (1990-2000)	16
Tot Pop Growth (1990-2000)	20
Median Age	25
Total NF Patients/1,000	26
% Population 85+	28
ADS Providers/1,000	30
% Population 65+	32
% 65+ and Live Alone	37
IHSS Providers/1,000	38
% SSI / SSP Recipients	39
HHA Providers/1,000	42
% Medi-Cal Recipients	44
% Medi-Cal Recipients 65+	44
% Dual Eligibles	50
% Vacancy - rentals	50
% Age 21-64 Disabled	50
% Unemployment Rate	51
% Vacancy - houses	53
% Persons < Poverty	53
% 65+ < Poverty	56
Note: Rankings are out of 58 counties, where 1 represents the highest number and 58 represents the lowest number	

Highest Third (1-19)

Middle Third (20-39)

Lowest Third (40-58)

Emerging Long Term Care Issues	
~ Nearly one in 5 adults was 65+ or disabled.	~ Few seniors and others were receiving Medi-Cal, Medicare and SSI/SSP.
~ Few younger adults were disabled.	~ Housing was not readily available.
~ Rapid growth in seniors 65+ and 85+ in the last decade.	~ RCFEs were more available than adult day services and IHSS providers, with few home health services or NFs.
~ Household income was high and the unemployment rate was low, with few people living in poverty, including seniors 65+.	

