

California HealthCare Foundation Center for Health Reporting

HOME ALONE: ADULT HEALTH CENTER CUTS DEVASTATE ELDERLY, DISABLED

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[Bibiana Viernes: Her Center, Her Life \(Video\)](#)

[Lauren M. Whaley](#), CHCF Center for Health Reporting | October 26, 2011

Bibiana Viernes is 85-years-old and legally blind. She attends the Silver Lake Adult Day Health Care Center five days a week. "It is doing a lot of good for us, improving our health and prolonging our life," she said. "I think the thing we can only do is pray God. And I know God will not leave us."

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[Mary Sanchez: I Only Have Two Hands \(Video\)](#)

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Mary Sanchez, 73, is her husband's primary caregiver. Her husband, Armando Sanchez, suffered a stroke 11 years ago and was diagnosed with dementia two years after that. She tries to keep him healthy. "Mind is very strong," she said. "If you tell yourself you can walk, you walk. And little by little he's walking with a cane and I'm behind him with a strap because I don't want him to fall. He's very heavy."

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[Nina Nolcox: A Model That Works \(Video\)](#)

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Nina Nolcox opened the doors to Graceful Senescence Adult Day Health Care Center in 2006 in South Los Angeles. The CEO used to work as a registered nurse in skilled nursing facilities and hospitals. "I believe completely in this model," she said of the Adult Day Health Care (ADHC) program.

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[Photography Gallery: Adult Health Center Cuts Devastate Elderly, Disabled](#)

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Opinions, observations and feelings about the prospective closure of up to 300 Adult Day Health Care Centers across the state

Center Staff | October 26, 2011

“This has never been done before in any state in the United States. We are the only state that has completely shut down an entire adult day health care community for Medicaid patients. It’s an experiment - and they’re experimenting with the most vulnerable of folks.” - Lydia Missaelides, Executive Director of the California Association for Adult Day Services “The state’s problem is it’s seriously short of funds, so it eliminated the benefit. When the benefit went away, the transference to managed care certainly helps. But it doesn’t fully substitute for what is lost.” - Patrick Johnston, President of CA Association of Health Plans

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Tears flow as Alhambra health center seniors contemplate its closing

Daniela Gerson, Alhambra Source | October 26, 2011

Hui is terrified that she may soon have to go to the bathroom on her own. For more than a decade, the 80-year-old woman, who is debilitated from a stroke, has spent part of her days at an adult day health care center in Alhambra. There, Hui converses with other elderly immigrants, is fed a hot meal from a local restaurant, and depends upon social workers who use a coarse brown woven belt to support her as she walks.

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Adult health center closure will send seniors, employees down unknown path

Geoff Chin, Media Central Inc. | October 26, 2011

Sandy Tang opened the Good Health Adult Day Healthcare Center (ADHC) in 2002 so her then 85-year-old mother would have a place to go for all the medical help she needed. Tang, 53, even thought the center might provide for her in her golden years, but that dream is about to end. “I thought one day I will be spending my weekday mornings at one of the centers, but now we’re not even going to make it to our twelfth anniversary,” she said.

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A place where elderly find comfort, community

Jocelyn Wiener, CHCF Center for Health Reporting | October 26, 2011

One month from now, thousands of poor elderly and disabled Californians will likely lose access to the day centers where they receive meals, therapy and medical care, as well as companionship and a sense of community.

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Daily exercise routines at Silver Lake Adult Day Health Care Center. (Lauren M. Whaley/CHCF Center for Health Reporting)

Adult Day Health Care system imperfect but needed

Robert Wheaton, CaribPress | October 27, 2011

Expert offers critique, advice to those impacted As legislators in Sacramento struggle to balance California's budget, tough decisions are being made regarding which services to either fund, curtail or eliminate all together. As a result of these difficult budgetary decisions, one program which is teetering on elimination is support for Adult Day Health Care (ADHC).

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Budget cuts force AltaMed to transition senior care centers

Gloria Angelina Castillo, Eastern Group Publications | October 28, 2011

Each week, life-long El Sereno resident Alejandro Alvarez and his 73-year-old mother, Maria Alvarez, look forward to the arrival of a handicapped-equipped shuttle van that will free them for a short while from the confines of their mundane lives. Separate vans drop each of them several days a week at a state-funded Adult Day Health Care center, where they participate in activities with friends, exercise and receive much needed therapies.

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Employees worry about elderly, jobs in bleak future for

Adult Day Health Care

Agustín Durán, Latino California | October 28, 2011

Zarine Tarayan, program director of Felices Dias (Happy Days), Adult Day Health Care Center in South Los Angeles, is not happy these days. Ever since she found out that the state's budget crisis may force the center to close its doors, she's been worrying not only about the health of the more than 100 seniors they serve, but about 25 employees who have families to support and work for the center. "What worries me the most is the safety of the elderly because we know that many will not survive long without proper care in their homes," Tarayan said. "But at the same time I worry about my employees and their families because everyone will be affected, not only them."

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Adult center closure would hit Filipino community

Miko Santos, Asian Journal | October 28, 2011

At the fringes of Historic Filipinotown, a district encompassing the southwest portion of Echo Park near Downtown Los Angeles, stands the Silver Lake Adult Day Health Center (ADHC). From Monday to Friday more than a 100 senior citizens, mostly of Filipino descent, converge at the center to partake in health, therapeutic, and social services. The elderly are treated with the utmost respect and care, like family members. They are lively and engaging. Participating in activities specially tailored to keep them physically and mentally fit. You could see and hear the camaraderie between the center's clients and with the health workers. There is a sense of community, of belonging together. Unfortunately this might soon end.

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Riesgo en salud y pérdidas de empleos a consecuencia de los recortes en Medi-Cal en Ca.

Augustín Durán | October 31, 2011

Los Ángeles, Ca.- Con el cierre de los Centros de los Servicios del Cuidado de la Salud Diaria en California (ADHC) a partir del 1 de diciembre, no sólo más de 35 mil personas de la tercera edad serán afectadas en cuestión de salud, sino más de 6,000 californianos pasarán a incrementar las filas del desempleo. Y es que alrededor de 310 centros donde por lo menos se emplean a 20 personas en cada uno, cerrarán sus puertas el próximo mes, lo que significaría un total de seis mil personas sin empleo justo para los días festivos de Navidad.

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Editorial: Time to step up and help our neighbors

Eastern Group Publications Editorial | October 31, 2011

In Today's edition, EGP is featuring two stories detailing the potentially devastating effect the decision by Gov. Jerry Brown and state legislators to eliminate the state-funded Adult Day Health Care program will have on thousands of California's frailest seniors and disabled adults when funding runs out on December 1st. These cuts come on top of other cuts to Medi-Cal funded services for the state's most vulnerable populations, the elderly, children and the poor.

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Alhambra's elderly and disabled keep their center — for now

Daniela Gerson, [Alhambra Source](#) | November 20, 2011