

Half Moon Bay Review

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Adult Day Health Center keeps seniors out of institutions

■ Your help necessary to keep vital services afloat

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Review file photo

Coastside Adult Day Health Center Activities Director Sandy Sanders, right, helps Guadalupe Salinas with her beading Friday morning. The seniors are making all kinds of beaded jewelry that they plan to sell at the Pescadero Art and Fun Festival in August.

Coastside Adult Day Health Center in Half Moon Bay is feeling the sting of budget cuts from the State of California and we need your help.

CADHC serves the most vulnerable population. Our clients are frail, disabled and impaired in the activities of daily life. Recently, the state of California reached a deal with disabled rights activists that preserved Medi-Cal funding for Adult Day Health Centers, but we remain concerned about that funding in the future - funding that is crucial for about a third of our clients.

This lower socio-economic segment of the population does not have the resources to pay for their own care. Therefore, they are at extremely high risk for premature institutionalization and nursing home care; the single most-feared intervention for any senior.

Your generous donation will help provide:

Health care, therapies, and activities for frail seniors;

Respite for caregivers;

Door-to-door, wheelchair-accessible transportation to and from the center;

Hot, nutritious meals served daily.

With compassion and professionalism, we offer a comprehensive structured day health care program, Monday through Friday from 9 a.m. to 3p.m., with all-inclusive services that are individualized for each participant. We accept long-term care insurance and veteran's benefits. Private pay is based on need and ability to pay.

Our services include nursing, physical, occupational and speech therapies, social services, case management and a host of other benefits.

But CADHC needs your help. Creating conditions for people to be healthy is a shared social responsibility. Please support CADHC and know that you are helping this vulnerable population remain at home with their families and friends, in their own communities they helped build.

Sponsor a senior in need by sending your donations to Coastside Adult Day Health Center, 645 Correas St., Half Moon Bay, CA 94019. Our federal tax ID is 942935784. We accept checks, MasterCard and Visa. Please call us at 726-5067 if you require additional information.