

Voice News

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Rose Kleiner Center expands services

First in county to offer day care to both healthy and ailing seniors

by **Nick Veronin**

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The local senior day care center is expanding the range of services it offers, adding adult day care to its current program of adult day health care, officials with the organization said.

Previously, the Avenidas Rose Kleiner Center had only served adults with serious health conditions, according Lisa Hendrickson, president and CEO of Avenidas. Such attendees may have also suffered from dementia. But now that the center has a dual license, it will be providing care for men and women who cannot take care of themselves due to dementia and other mental disorders, but who are otherwise physically healthy.

"Individuals that come to the center for adult day care will not receive nursing care and medical therapies," Hendrickson said. "Somebody with Alzheimer's may be physically well. They may not need to be seen by a nurse every day. What they do benefit from is a safe and secure place where they can participate in activities."

The day care program offers many of the same beneficial social and nutritional components of the health care program, including "the option to socialize, enjoy activities and have a good lunch."

At \$80 per day, it is cheaper to attend the adult day care program than it is to attend the adult day health care program. However, the new program is not covered by Medi-Cal, like the health care program is, Hendrickson said.

The Avenidas Rose Kleiner Center is the first in Santa Clara County to offer both programs under one roof, Hendrickson said. The dual license became effective on Dec. 6, and the center shortened its name from Avenidas Rose Kleiner Adult Day Health Care Center.

Having both services in the same place is advantageous for two reasons, Hendrickson said. First, if an adult in the day care program has a stroke, or falls down and injures herself, there will be trained medical staff on site to respond immediately. Second, elderly men and women in the adult day care program may develop health conditions. In that case, attendees will be able to transition to the adult day health care program without breaking their daily routines.

"We are eager to provide our new day care program as it gives families on the Midpeninsula more options for their aging loved ones," Lenny Park, the center's director, said in a statement. "Should participants require more support, they can be seamlessly transitioned to our adult day health care, a medical program."

The Avenidas Rose Kleiner Center is located at 270 Escuela Ave., next to the Mountain View Senior Center. More information can be found at the [center's website](#) or by calling 289-5499.