Long-Term Services and Supports | LTSS

**WHAT ARE LTSS?**

LTSS consist of a broad range of day-to-day help needed by people with long-term conditions, disabilities, or frailty. LTSS can include, but are not limited to, help with:

- Bathing
- Dressing
- Toileting
- Medications
- Wound Care
- Housekeeping
- Transportation
- Paying Bills
- Preparing Meals
- Shopping

**WHO NEEDS LTSS**

14 Million adults need LTSS in 2018

- 56% are age 65+
- 44% are age 18-64

Most people with LTSS needs live in the community rather than a nursing home. 90% Live in the community, 10% Live in a nursing home

People of all ages need LTSS.

**WHO PROVIDES LTSS**

The vast majority of people with LTSS needs rely on unpaid assistance from family and friends.

40 MILLION

FAMILY CAREGIVERS

Provide an estimated:

- 37 Billion Hours of unpaid care
- $470 Billion Economic value of unpaid care

Without family-provided care, many individuals with LTSS needs would lack the critical support they need to live in the community.

**HOW MUCH LTSS COST**

LTSS can be expensive. Costs vary widely depending on the type and amount of care someone needs.

- Adult Day Care: $18,700 (5 days/week)
- Home Care: $34,300 (30 hours/week)
- Assisted Living: $48,000
- Nursing Home: $100,400

Median price per year in 2018

**WHO PAYS FOR PAID LTSS**

- Most LTSS costs are paid by Medicaid and individuals paying out of pocket.
- Medicare does not cover extensive LTSS.

Total Cost = $235 Billion in 2018

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