2018 Board of Directors

Kathleen Kolenda
Easterseals Southern California
Santa Ana

Celine Regalia, MSW
Collabria Care
Napa

Stephanie Wilson
Triple ‘R’ Adult Day Programs
Sacramento

Terri Whitmire, MA
Lodi Health Adult Day Services
Lodi

Anna Swift, LCSW
ONEgeneration Adult Daycare
Van Nuys

Vanessa Tatum, MD
Helping Hands for Better Living
Seal Beach

Mallory Vega
Acacia Adult Day Services
Garden Grove

Lydia Missaelides, MHA
Executive Director

Kathryn Atkinson
Operations Manager
Board of Directors
The Alliance for Leadership and Education (ALE) Board of Directors met two times in 2018, including a two-day joint planning retreat with the Board of the California Association for Adult Day Services.

Nina M. Nolcox Scholarship Fund
In 2018, the Nina M. Nolcox Nursing Scholarship for Continuing Education accepted applications and selected one recipient. The recipient received paid registration to attend the CAADS Spring Conference plus a stipend of $750 to cover related expenses.

Congratulations to:

Spring Conference Scholarship Recipient
Kat Beglinger Le Strange, RN
Choice in Aging, Pleasant Hill

Fall Conference Scholarship Recipient
No recipient applied

The Nolcox Scholarship Fund was created in 2014 to recognize nursing leadership, dedication and passion for community based nursing within adult day services as exemplified by Nina Nolcox, RN, PHN, who passed away on October 28, 2014. Nina served as President of ALE from 2010 through 2011 and President of CAADS from 2012 through 2014.

TOPS: Tracking Outcomes for Program Success
TOPS is the Alliance for Leadership and Education’s custom software system for managing and benchmarking participant data used by adult day services centers.

In August 2017, ALE staff trained the Community Based Health Home (CBHH) Nurse Navigators and Program Directors about entering data into the TOPS system and generating individual participant and center reports. The training also included a review of the key principles and framework for the CBHH model.

Community Based Health Home Project
In January 2013, the SCAN Health Plan Community Giving Program awarded the Alliance for Leadership and Education a three-year, $2 million grant to pilot the Community Based Health Home (CBHH) Project. The CBHH project built on the ADHC platform to achieve the “Triple Aim” goals for complex, high-risk, high-cost persons with low health literacy and disconnected care.

Central to the CBHH Project is the addition of a Nurse Navigator, a Registered Nurse who works beyond the Center's walls to accompany participants to medical appointments, make home, hospital and nursing home visits, and facilitate transitions to/from these settings.

In January 2015, the Thomas J. Long Foundation awarded the ALE with a three-year grant in the amount of $750,000 for the purpose of “Advancing the Community Based Health Home” by supporting expansion and replication of the CBHH model into Alameda and Contra Costa counties.

This allowed two additional ADHC sites to become designated CBHH sites and provided support to ALE to continue its project management and development efforts.

Alzheimer's Services of the East Bay
Alameda County

Choice in Aging
Contra Costa County

In 2018, The Thomas J. Long Foundation awarded ALE an additional grant of $50,000.

Avenidas ADHC in Santa Clara County obtained its own local grant funding to join the CBHH team and obtain training and technical support from ALE as part of the CBHH project, which continued in 2018.

A total of 255 participants have been served in the CBHH project since its inception in 2012.
Community Based Health Home (CBHH)

The CBHH Nurse Navigators and Program Directors met 12 times during 2018 via 90-minute teleconferences, and one time for an in-person, one-day training in Sacramento.

The following ADHC / CBAS sites participated in the CBHH Project in 2018:

- **Avenidas Rose Kleiner Center**  
  Mountain View  
  Santa Clara County

- **Bayview Hunters Point Adult Day Health Care**  
  San Francisco  
  San Francisco County

- **Choice in Aging / Mt. Diablo Adult Day Health Care**  
  Pleasant Hill  
  Contra Costa County

- **Collabria Care**  
  Napa  
  Napa County

- **Family Bridges, Inc. / Hong Fook Centers**  
  Oakland  
  Alameda County

- **Yolo Adult Day Health Center**  
  Woodland  
  Yolo County

Family Bridges Joined the State’s Health Home Program (HHP)

Section 2703 of the Affordable Care Act (ACA) allows states to create Medicaid health homes to coordinate the full range of services and supports needed by individuals with complex chronic conditions. California Department of Health Care Services elected to add this new benefit for selected counties.

Designated Pioneer Community Based Health Homes (CBHH) have been in a strong position to contract with their local managed care plans as ADHC-based Health Home sites.

In 2018, Family Bridges in Alameda County became a health home contractor for Alameda Alliance for Health and Anthem Blue Cross Medi-Cal health plans.

The state’s Health Home Program is designed to target eligible Medi-Cal beneficiaries with multiple chronic conditions who are frequent utilizers of health care and would benefit from intensive care management and coordination.

Health Homes are required to provide six core services that are wholly consistent with ALE’s CBHH model of care:

1. Comprehensive care management
2. Care coordination (physical health, behavioral health, community-based LTSS)
3. Health promotion
4. Comprehensive transitional care
5. Individual and family support
6. Referral to community and social support services

It is expected that in 2019 additional ADHC/CBAS sites will apply to be contracted Health Home sites in Los Angeles County.
Academic Partnership with New York University College of Nursing

ALE Executive Director Lydia Missaelides began exploration of a partnership with Dr. Tina Sadarangani, a post-doctoral fellow at New York University's College of Nursing, in late 2017. This resulted in an intensive effort in 2018 to analyze data from ALE’s CBHH project and evaluate the project outcomes.

Qualitative and quantitative methods were used to evaluate the project. The results yielded significant publishable findings that can be expected to result in multiple academic journal articles in 2019. An important aspect of this research partnership is the ability to leverage the findings for additional grants and research in the field. Translational research of this type also produces the opportunity to export best practices throughout the adult day services community. It also opens up other research questions for an ever expanding cadre of academic researchers interested in adult day services.

Medicare Related Activities

Yolo Adult Day Health Center is an original CBHH site that needed to reduce its financial support of CBHH due to lack of reimbursement. However, their CBHH experience positioned the center to successfully propose a value-based pilot project with a Dignity Health hospital in Woodland to serve complex Medicare patients identified by clinic case managers to be frequent emergency room users. The project operates outside of regular ADHC hours with the goal of avoiding costly hospital use.

Russ Foster, and Shawn Dunphy, ALE’s managed care consultants from Mazars USA, and ALE Executive Director Lydia Missaelides engaged in discussions with two health plans about the new Supplemental Benefits allowed under Medicare Advantage Plans that align with services that can be offered by adult day services programs. The CBHH project experiences and outcomes served to demonstrate the potential for cost savings by using ADS sites with this new Medicare benefit flexibility...

Financial Report

The ALE relies on grant funds and tax deductible donations for its operational income.

Donations to the Nina Nolcox Educational Scholarship Fund and from the Gift Basket Raffle held at CAADS Conferences also provide financial support.

The ALE reimburses CAADS for shared staff positions and time allocated to ALE activities.

The 2017 financial records of the ALE were audited by Williams and Olds CPAs of Sacramento.

AUDITED STATEMENT OF FINANCIAL POSITION
For the Year Ended December 31, 2017

STATEMENTS OF FINANCIAL POSITION

ASSETS
Cash and Cash Equivalents 145,356
Receivable from related party 1,250
Grants receivables 0
TOTAL ASSETS $146,606

LIABILITIES AND NET ASSETS
Accounts payable and accrued expenses 6,421
Deferred revenue 72,400
TOTAL LIABILITIES $78,821

NET ASSETS
Unrestricted 52,785
Temporarily Restricted 15,000
TOTAL NET ASSETS $67,785

TOTAL LIABILITIES AND NET ASSETS 146,606

STATEMENT OF ACTIVITIES

SUPPORT AND REVENUE
Contributions $239,238
Program fees 59,004
TOTAL SUPPORT AND REVENUE 298,242

EXPENSE
Program services 262,211
General and administration 7,797
TOTAL EXPENSES 270,008

CHANGE IN NET ASSETS 28,234

NET ASSETS AT BEGINNING OF YEAR 27,885
NET ASSETS AT END OF YEAR $56,119