California Association for Adult Day Services

Core Purpose

The purpose of the California Association for Adult Day Services (CAADS) is to inspire, provide leadership and facilitate the success of its members who support and assist people with long-term challenges in realizing their individual potential.

Core Values

Making a difference through leadership and pioneering actions

- Serving individuals, families, and community with compassion
- Respect for individuality and independence at all stages of life
- Achieving excellence through innovation, creativity, resourcefulness, and change

Envisioned Future

To Revolutionize the Delivery of Long Term Care

CAADS Board Officers

PRESIDENT
Corinne Jan, RN, PHN
Hong Fook Centers / Family Bridges, Inc.
Oakland

VICE PRESIDENT
Kathleen Kolenda
Easterseals Southern California
Brea

TREASURER
Stephanie Wilson
Triple 'R Adult Day Programs
Sacramento

SECRETARY
Mary Ann Ratto
Building Hope Adult Day Center / Camarillo Health Care District
Camarillo

IMMEDIATE PAST PRESIDENT
Mark Kovalik
Among Friends ADHC Center
Oxnard

CAADS Board Members

Daisy Absalon, RN
Eskaton Adult Day Health Center
Carmichael

Kathleen Hernandez, MSW
Home Avenue Adult Day Health Care Center
Downey

Oleg Kinder
Golden Castle ADHC Center
Palo Alto

Molly Kintz
Loving Care Adult Day Health Center
San Diego

Barbara Porter, PsyD
Choice in Aging
Pleasant Hill

Dawn Myers Purkey, MSW
Yolo Adult Day Health Center
Woodland

Lois Sones
Community Bridges Elderday
Santa Cruz

Anna Swift, LCSW
ONE generation Adult Daycare
Van Nuys

Vanessa D. Tatum, MD
Helping Hands for Better Living
Garden Grove

Mollie Tobias, LMFT
SteppingStone, Inc.
San Francisco

Terri Whitmire, MA
Lodi Health Adult Day Services
Lodi

Luba Vaisman
Casa Pacifica ADHC Center
San Diego

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BOARD OF DIRECTORS
Under the leadership of CAADS President Corinne Jan, RN, PHN, the CAADS Board of Directors met five (5) times in 2017, including a two-day joint planning retreat with the Board of the Alliance for Leadership and Education.

CAADS leadership continues to strengthen alliances and relationships with key policy leaders and decision makers at the federal, state and local levels.

HEALTH AND HUMAN SERVICES AGENCY’S OLMSTEAD ADVISORY COMMITTEE
Lydia Missaelides continued to serve as a charter member on the Health and Human Services Agency Secretary’s Olmstead Advisory Committee.

CALIFORNIA COLLABORATIVE FOR LONG TERM SERVICES AND SUPPORTS
CAADS continued its membership with the California Collaborative for Long Term Services and Supports (CCLTSS) offering perspectives from the ADHC and ADP consumer and provider point of view, including expressing issues regarding access to care, rate adequacy and the Coordinated Care Initiative.

MANAGED CARE RELATIONSHIPS AND PROGRAMS
CAADS continued to serve a role as facilitator of communication with various state departments, managed care health plans and providers to identify emerging issues and solve problems related to enrollment, billing, authorizations, communication and more. Key efforts included:

- CAADS continued to engage Mazars USA LLP to help CAADS’ leadership team and members navigate the managed care environment and develop "value proposition" proposals for health plan partners to consider as pilot projects.
  As a result, Anthem, Care 1st, and Community Health Group removed the 10% rate cut and restored the prevailing Medi-Cal state rate.

- Mazars and CAADS worked together to conduct a survey of managed care plans and large medical groups to obtain feedback about their perceptions of ADHC and ADP and presented results to the Board of Directors and CAADS membership.

- In May, Lydia Missaelides was invited to attend a meeting with Blue Shield of California CEO to discuss health care reform at the national level.

- In July, CAADS hosted a call with Anthem Blue Cross Medicaid California and national office to discuss ideas for initiatives that would broaden the use and scope of services that adult day services could offer to members and Anthem.

- In October, Lydia Missaelides, Diane Puckett and Dawn Myers Purkey were invited to present information about Adult Day Health Care to the California Hospital Association Care Management Committee.

- As a result, CAADS will provide a similar presentation in early December to Tenet Health Care Managers working in California and Arizona Hospitals.

- CAADS staff and Consultant Diane Puckett provided technical assistance to CAADS members assisting them with discussions and negotiations with the Department of Aging, Department of Public Health, Department of Social Services and managed care organizations.

- Mazars prepared and presented a Value-Based Payment model to CAADS members at the Spring Conference in April 2017 to offer a vision for the future and obtain feedback from the group.

QUALITY INITIATIVES
Lydia Missaelides was listed as a co-author on a paper submitted to the Gerontologist Magazine in October 2017 which is undergoing editorial review. The paper describes CAADS’ and ALE’s work on outcome measures, including the Community Based Health Home model outcomes, as one of three promising initiatives reviewed by NADSA’s Research Committee that has designed national consensus measures.

CAADS Quality Work Group met once in 2017 to continue to design quality indicators for adult day services. This work was parallel and complementary to the CDA stakeholder work group to design a CBAS Quality Strategy and the national work on outcomes led by the National Adult Day Services Association.
GOVERNMENT RELATIONS

Affordable Care Act Advocacy

CAADS rallied its members and others who support adult day services to advocate against Congressional efforts to create Medicaid per capita block grants to the states.

State Budget

CAADS supported legislative efforts to restore the AB 97 provider rate cuts in the state budget. The Governor subsequently vetoed the appropriation.

CAADS supported full restoration of adult dental and vision benefits for adult Medi-Cal recipients, beginning January 1, 2018, as approved by the Governor.

CMS Flu Initiative

In October, CMS reached out to CAADS asking to partner on a national flu public education initiative. Thirty (30) CAADS members participated in a survey intended to capture best practices for contacting hard to reach populations.

State Treasurer Lifeline Grant Program

Lydia Missaelides was invited to provide comments at an October meeting of the state Treasurer’s California Health Facilities Financing Authority Board of Directors about a new $20 million grant program authorized in the 2017-18 state budget. The Lifeline Grant program is available to small or rural health facilities that are under threat from the Congress and President’s budget or health care reform proposals.

Assembly Aging and Long Term Care Committee Technical Assistance

CAADS was represented among a dozen long term services and supports groups that met three (3) times with Assembly Aging and Long Term Care Committee staff and chair to discuss policy priorities – short and long term – to advance access to care for older and disabled adults.

Long Term Services and Supports Coalition

Lydia Missaelides was part of a core group that developed a long range policy vision and political action plan to rebuild services and prepare for the demographic and economic certainties that require the state to provide more funding and stronger community supports to meet the needs of older adults and persons with disabilities.

A major goal will be a voter initiative to be placed on the California state ballot in fall of 2020.

AB 1500 Maienschein

AB1500 - Elders Living with Dignity, Empathy, Respect, and Serenity (ELDERS) Bond Act of 2018, was introduced in February 2017 as a two-year bill, with technical support provided by CAADS and the California Council of the Alzheimer’s Association. If enacted, the state would be authorized to issue and sell general obligation bonds to improve access to adult day services. This would be the first such bond act in state history specifically targeted to adult day services facilities and providers.

NATIONAL ADULT DAY SERVICES ASSOCIATION

CAADS Board President Corinne Jan, Executive Director Lydia Missaelides, and CAADS member Amanda Sillars, continued to serve on the Board of the National Adult Day Services Association (NADSA). Corinne Jan serves as NADSA Treasurer and Lydia Missaelides and Ms. Jan co-chair the Core Support Committee.

Ms. Jan, Ms. Sillars, and Kathy Atkinson, CAADS Director of Membership & Communications, attended the NADSA Annual Conference in St. Petersburg, Florida in September on behalf of CAADS.

Ms. Jan presented a course entitled Death and Sex: Taboo Topics Among Asian Pacific Islanders – How Does This Affect Care?

Ms. Sillars presented a course entitled Person-Centered Planning: The Federal Requirements for Person-Centered Care in HCBS Settings.

CAADS also received recognition at the NADSA Leadership Luncheon, held in conjunction with the NADSA Annual Conference, for donating $500 to NADSA’s new Public Policy Fund.
**EDUCATION AND TRAINING**

CAADS conducted eight (8) webinars and two (2) conferences for adult day services providers in 2017:

**JAN 19 | Webinar | Registrants: 98**

**2017 Political Overview and Implications for Adult Day Services**

**FEB 2 | Webinar | Registrants: 23**

**Dental Coverage for Low-Income Older Adults**

**FEB 16 | Webinar | Registrants: 93**

**The New CBAS Participation Agreement and Individual Plan of Care**

**MAR 16 | Webinar | Registrants: 37**

**How Health Literacy, Plain Language and Teach-Back Support Person Centered Care**

**APR 13 | Webinar | Registrants: 70**

**Mandated Reporting of Elder & Dependent Adult Abuse**

**APR 25-27 | Berkeley | Registrants: 152**

**CAADS SPRING CONFERENCE**

**Transforming the Continuum of Care**

**MAY 18 | Webinar | Registrants: 41**

**Section 1557 of the Affordable Care Act: What Adult Day Services Providers Need to Know to be in Compliance**

**JUN 15 | Invitational Webinar | Registrants: 77**

**Person Centered Care In Practice: Progress and Reflections on the Journey A Conversation with Amber Carey-Navarrete**

**AUG 24 | Webinar | Registrants: 41**

**ACA Repeal / Replace / Recraft – It’s not over!**

**NOV 6-8 | Orange | Registrants: 185**

**CAADS FALL CONFERENCE & ANNUAL MEMBERSHIP MEETING**

**Transforming the Continuum of Care**

**CE Provider Approval**

In October 2017, CAADS underwent a second review and was re-certified by California Association of Marriage and Family Therapists as a qualified Continuing Education (CE) provider for:

- Licensed Marriage and Family Therapist (LMFT)
- Licensed Clinical Social Worker (LCSW)
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Educational Psychologist (LEP)

**MEMBER SERVICES**

CAADS staff continued to assist members and the general public with requests for information, referral to programs and help with:

- Pre-application screening process for prospective ADHC / CBAS providers
- Differences between the ADHC / CBAS (medical model) and ADP (non-medical model) of adult day services
- Licensing process for ADHC / CBAS
- Licensing process for ADP centers
- Consumers looking for centers with specific services
- Regulations for ADHC / CBAS
- Regulations for ADP
- Best Practices and standard forms / policies
- Finding industry consultants / vendors

**MEMBER COMMUNICATIONS**

CAADS staff kept members and others interested in adult day services informed by issuing:

- 18 *Members Only* Alerts
- 65 Website Update Notices
- 6 JobLine Announcements

**MEMBERSHIP REPORT**

Membership grew by 8% in 2017 compared to 2016, as shown in the chart below.

**CAADS Membership Summary -- 2017**

<table>
<thead>
<tr>
<th>Category</th>
<th>2016</th>
<th>2017</th>
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</thead>
<tbody>
<tr>
<td>Active Members December 31, 2016</td>
<td>174</td>
<td>188</td>
</tr>
<tr>
<td>Inactivated Members JAN 1 – DEC 7, 2017</td>
<td>- 18</td>
<td></td>
</tr>
<tr>
<td>New Members JAN – OCT, 2017</td>
<td>+ 32</td>
<td></td>
</tr>
<tr>
<td><strong>Active Members October 26, 2017</strong></td>
<td><strong>188</strong></td>
<td></td>
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<table>
<thead>
<tr>
<th>Category</th>
<th>2017</th>
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</thead>
<tbody>
<tr>
<td>Pre-Licensed Provider</td>
<td>23</td>
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<tr>
<td>Year 1 New Licensee / Ownership</td>
<td>2</td>
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<tr>
<td>Year 2 New Licensee / Ownership</td>
<td>2</td>
</tr>
<tr>
<td>Year 3 New Licensee / Ownership</td>
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</tr>
<tr>
<td>Licensed Provider (4+ years)</td>
<td>125</td>
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<tr>
<td>Associate: Allied Community / Government Org</td>
<td>8</td>
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<tr>
<td>Associate: Consultant</td>
<td>2</td>
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<tr>
<td>Associate: Main Office</td>
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<tr>
<td>Associate: Health Care Provider Partner</td>
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<tr>
<td>Associate: Honorary Member</td>
<td>3</td>
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<tr>
<td>Associate: Vendor</td>
<td>9</td>
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# Treasurer’s Report

## Statement of Financial Position as of December 31, 2016

### Balance Sheet

<table>
<thead>
<tr>
<th>Assets</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>$177,305</td>
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<tr>
<td>Dues Receivable</td>
<td>300,661</td>
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<tr>
<td>Other assets and depreciation</td>
<td>4,984</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$482,950</strong></td>
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<table>
<thead>
<tr>
<th>Liabilities and Net Assets</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Deferred Dues Revenue</td>
<td>$377,063</td>
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<tr>
<td>Accounts Payable and accrued expenses</td>
<td>29,806</td>
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<tr>
<td><strong>Total Liabilities</strong></td>
<td><strong>$406,869</strong></td>
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<table>
<thead>
<tr>
<th>Net Assets</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Unrestricted</td>
<td>76,081</td>
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<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td><strong>$482,950</strong></td>
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</table>

### Statement of Income and Expense

<table>
<thead>
<tr>
<th>Support and Revenue</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Member Dues</td>
<td>$353,485</td>
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<tr>
<td>Program fees</td>
<td>265,537</td>
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<tr>
<td>Contributions</td>
<td>5,189</td>
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<tr>
<td><strong>Total Support and Revenue</strong></td>
<td><strong>$624,211</strong></td>
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<table>
<thead>
<tr>
<th>Expenses</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Program services</td>
<td>$444,910</td>
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<tr>
<td>General and administration</td>
<td>154,112</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$599,022</strong></td>
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</table>

<table>
<thead>
<tr>
<th>Other Income/Expense</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Interest Income</td>
<td>121</td>
</tr>
<tr>
<td><strong>Total Other Income/Expense</strong></td>
<td><strong>121</strong></td>
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<table>
<thead>
<tr>
<th>Change in Net Assets</th>
<th>Amount</th>
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<tr>
<td></td>
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<table>
<thead>
<tr>
<th>Net Assets at Beginning of Year</th>
<th>Amount</th>
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<tbody>
<tr>
<td></td>
<td>$50,771</td>
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<table>
<thead>
<tr>
<th>Net Assets at End of Year</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td></td>
<td><strong>$76,081</strong></td>
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Auditors: Williams and Olds CPAs, Sacramento, CA