

WHAT IS CAADS?

The California Association for Adult Day Services (CAADS) is a not-for-profit statewide association to support the development of adult day services as an alternative to institutional care. Governed by an elected board of directors of eighteen members, CAADS is a membership-based association supported by dues, grants, and educational activities.

CAADS members include providers, local government, case managers, consultants, vendors and others interested in supporting the mission of the organization. CAADS provider members agree to abide by a Code of Ethics and are screened and approved by the CAADS Membership Committee.

Provider members offer services in a variety of licensed settings: Adult day care; adult day support centers; adult day health care centers and designated Alzheimer's Day Care Resource Centers.

CAADS is the oldest and largest adult day services state association in the nation.

CAADS CORE PURPOSE

CAADS' purpose is to inspire, provide leadership and facilitate the success of its members who support and assist people with long-term challenges in realizing their individual potential.

CAADS CORE VALUES

- ❖ Making a difference through leadership and pioneering actions
- ❖ Serving individuals, families, and community with compassion.
- ❖ Respect for individuality and independence at all stages of life.
- ❖ Achieving excellence through innovation, creativity, resourcefulness, and change.

CAADS MEMBERSHIP

If you operate an adult day services center, or provide products/services to our industry, CAADS membership is for you! To learn more about our educational programs, legislative advocacy, and industry leadership efforts, visit us online at www.caads.org or call (916) 552-7400. We'll be glad to send you membership information.

CAADS Membership Categories:

- ❖ Pre-Licensure Provider
- ❖ Newly Licensed Provider
- ❖ Provider
- ❖ Associate-Vendor
- ❖ Associate-Consultant
- ❖ Associate-Allied Organization
- ❖ Associate-Governmental or Non-Profit Organization

CALIFORNIA
ASSOCIATION for
ADULT
DAY
SERVICES



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WHAT ARE ADULT DAY SERVICES?

“Adult Day Services” are daytime, community-based programs designed to meet the unique needs of frail elders or other adults with physical or mental impairments by providing activities, social and health services, meals, and care in a safe and friendly setting.

In addition, some programs offer skilled nursing care, physical therapy, occupational therapy, speech therapy, and professional social work services. Regular use of the health and social services offered in these programs helps reduce the risk of hospitalization and nursing home placement.

WHO ATTENDS THESE PROGRAMS?

The adults served include, but are not limited to, frail elders with multiple health conditions, individuals with Alzheimer’s disease, chronically mentally ill adults, older persons with developmental disabilities, and others who can benefit from a daytime program. Program staff assess the individual, develop an individual plan of care and schedule transportation to and from the program.

Adult day services programs provide respite for caregivers, and many offer support groups, counseling and other services to support families and the participant in the community.

ARE CENTERS LICENSED?

In California, adult day services programs are required to be licensed as an **Adult Day Care (ADC)**, **Adult Day Support Center**

(ADSC), or **Adult Day Health Care (ADHC)**. Centers are obligated to meet strict requirements for licensure by the State of California.

A special type of program called an **Alzheimer’s Day Care Resource Center (ADCRC)** receives state funding from its local area agency on aging to focus on people in the moderate to severe stages of Alzheimer’s disease or other related dementia. An ADCRC may legally operate without a license, but the majority of these programs operate as licensed facilities.

TYPES OF ADULT DAY SERVICES

Adult Day Care Centers (ADC) / Adult Day Support Centers (ADS)

These types of centers provide non-medical care to adults in need of personal care services, supervision or assistance essential for sustaining the activities of daily living or for the protection of the individual on less than a 24-hour basis. Services are provided according to an individual plan of care in a structured comprehensive program that will provide a variety of social, psychosocial and related support services. The State Department of Social Services (DSS) licenses these centers as community care facilities.

Adult Day Health Care Centers (ADHC)

These centers provide medical, rehabilitative and social services to elderly persons and other adults with functional impairments, either physical or mental, for the purpose of restoring or maintaining optimal capacity for self care.

These centers provide services through an individual plan of care and target adults who are at the institutional level of care or at risk of institutional placement.

The California Department of Aging (CDA) administers the program and the centers are licensed by the California Department of Health Services as health care facilities.

Alzheimer Day Care Resource Centers (ADCRC)

These centers provide day care for persons in the moderate to severe stages of Alzheimer’s disease or other related dementias, and provide various types of support and educational services for family caregivers and the community at large.

ADCRCs identify the psychosocial, mental, functional, and cognitive needs of participants, and assist them in operating at the highest level possible within individual degrees of mental and physical capacity.

Area Agencies on Aging provide grant funds to eligible applicants as authorized by legislation.

WHO PAYS?

Adult Day Health Care (ADHC) is a Medi-Cal reimbursable service. Participants typically pay out of pocket for services in community care facilities. Fees range from \$15 per day to more than \$65 depending on the level of services provided. Medicare and health insurance, with the exception of long term care insurance, do not pay for adult day services.