



CAADS

California Association for Adult Day Services

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A PROFILE OF ADULT DAY HEALTH CARE IN CALIFORNIA

A Community-Based Outpatient Model for Managing Chronic Disabling Conditions

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Licensed and Certified ADHC Centers:	310
Number of Participants Enrolled:	37,000 frail elderly or disabled
Medicaid Eligible:	92 percent rely on Medi-Cal insurance
Average Age:	78 (63 percent are over age 75)
Gender:	64 percent female; 35 percent male (50 percent widowed)
Medically Complex Profile:	
- Chronic Disease Diagnoses	64 percent have 3+ chronic diagnoses Cardiovascular (39%); Dementia (13%); Diabetes (10%); Musculoskeletal and connective tissue diseases (10%); Stroke (4%)
- Need for Assistance	73% need assistance with basic activities of daily living
- Medication Assistance	63 percent are dependent on others for medication management
- Number of Medications	39 percent take six or more medications
Average Days of Attendance:	3 days per week
Eligibility Criteria:	Prior Authorization by Medi-Cal Field Office for ADHC services only if meet five medical necessity criteria as nursing facility eligible or at risk for institutional care. Must have personal physician referral
Individual Treatment Plan:	Assessment and Individualized Plan of Care done by multi-disciplinary team and updated every 180 days
Required Medical Services:	Skilled nursing; physical, occupational, and speech therapy; nutrition/registered dietician; social work / case management; therapeutic activities; personal care / assistance with activities of daily living; protective supervision and transportation