

August. 29. 2011

TO:

Senate Budget Subcommittee
Dept. Health Care Service ADHC
Transition plan

I Maria Dodson daughter & care provider for my mother Beulah Perkins; would be lost without the Rancho Cordova ADHC.

The ADHC gives my mother a reason to continue live a health an active life. that in her elder age. and that there are other elder's who may other ~~set~~ at home. with nothing but the TV as company and no social active or physical need. would be met. And gain transitioning from being independent to needing assistance with daily living skills.

The Rancho Cordova ADHC has been a big help in the recovery process for my mother Beulah

mobility, strength and desire to participate and a group of other elders with the same issues and a outlet to socialize and communicate with their issues the opportunity to maintain a social & physical healthy life. The Rancho Cordova ADHC offer physical & occupational service ~~with~~ which keep my mother mobility strong up. an other life skills are great. Diet & nutrition; emotional health; mental awareness in daily living skill; social skills; exercise my mother Beulah Perkins is very excited everyday she get to see new friend made at the ADHC. excited at talking about what she had park taken in for the day, mother all way talk about how helpful all the staff are. very wonderful with listen, answering question or solving problem. in helping with physical & personal needs when my mother Beulah Perkin:

It give me a changes as a Care provider of family member to care for myself an attend other appointments.

I left my job to care for my mother, And I'm not able to pay for the ADHC services. And I'm very grateful for the ADHC to help with maintaining her physical and occupational needs and without the services of the adult day program my mother Beulah an other elder would relapes, in the area of physical mental diet of nutrition, exercise an social outlet with other elderly. The ADHC are life line to those and need, the ADHC sometime are the only place where some senior can be provided 1 nutrition meal, is a place wher they connect to the outside world. all the service provided by adult day care center are needed of appreciated by me as a daughter of care provider.

Thank you