

Contra Costa County

Antioch

Listing Updated 1/7/2005

THE BEDFORD CENTER

1811 C Street
Antioch, CA 94509 (925) 778-4171

Email: Hilda@bedfordcenter.org

Mail: 1811 C Street
Antioch, CA 94509

ADHC **ADCRC** **ADP** **PACE** **Opened** **Licensed**
Yes **No** **No** **No** **1982** **7/18/1996**

Licensee Center is
Rehabilitation Services of Northern California Non-Profit



Continuous Member Since 1997
California Association for Adult Day Services

Accessing Services

Call: 925-778-4171 Reply Time: 24 Hours
Email: Hilda@bedfordcenter.org

Intake Process:

Participants are assessed by a team of health professionals, and services are provided according to an individual plan of care.

Adult Day Health Care Hours and Attendance

MONDAY	10:00am-3:00pm
TUESDAY	10:00am-3:00pm
WEDNESDAY	10:00am-3:00pm
THURSDAY	10:00am-3:00pm
FRIDAY	10:00am-3:00pm
SATURDAY	CLOSED
SUNDAY	CLOSED

Payments Accepted

Medi-Cal: **Yes** Private Insurance: **Yes**
Veterans Administration: **No** Private Pay: **Yes**

Who We Serve

Serving Ages: **18 and older**
Average Client Age: **80**

Who We Are

The Bedford Center serves frail and disabled adults, 18 years and older who have difficulty caring for themselves at home, but wish to maintain their independence. A doctor's prescription is required for admission. A home visit is provided by our social worker for assessment and to explain admission procedures. Our service area includes Antioch, Bay Point, Pittsburg, Oakley, Brentwood, Knightsen, Bethel Island, and Discovery Bay. Medi-Cal and private insurance are accepted as payment for eligible participants.

Special Populations

Alzheimer's / Related Dementias
Behaviorally Impaired
Developmental Disabilities
Physical Disabilities

Activities of Daily Living

Eating
Getting Up (Transferring)
Toileting
Walking

Medical Devices

Oxygen Devices
Wheelchair

Other

Incontinence
Injections
Medication Monitoring
Medicine Administration
Non-Ambulatory
Wandering

Additional Offerings

Adult Education
Art Therapy
Caregiver Support Groups
Community Outings
Gardening Therapy
Music Therapy
Nursing
Occupational Therapy
Physical Therapy
Speech Therapy

Languages Spoken

English
Spanish
Tagalog

Adult Day Health Care (ADHC) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

✓ Activity Program	✓ Medication Management	✓ Physician Services	✓ Social Work / Social Services
✓ Dietary Services	✓ Occupational Therapy	✓ Psychology / Psychiatry	✓ Speech Therapy
✓ Meals	✓ Physical Therapy	✓ Skilled Nursing	✓ Transportation

Adult Day Program (ADP) centers are required to have staff to provide or arrange for assistance with the following:

✓ Activity Program	✓ Care & Supervision	✓ Meals	✓ Social Services	✓ Transportation
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Contra Costa County

Orinda

Listing Updated 11/21/2007

LAMORINDA ADULT RESPITE CENTER

433 Moraga Way
Orinda, CA 94563 (925) 254-3465

Mail: 433 Moraga Way
Orinda, CA 94563

<u>ADHC</u>	<u>ADCRC</u>	<u>ADP</u>	<u>PACE</u>	<u>Opened</u>	<u>Licensed</u>
No	No	Yes	No	2006	12/1/2006

<u>Licensee</u>	<u>Center is</u>
Lamorinda Adult Respite Center	Non-Profit



Continuous Member Since 2002
California Association for Adult Day Services

Adult Day Health Care (ADHC) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

- | | | | |
|--------------------|-------------------------|---------------------------|---------------------------------|
| ✓ Activity Program | ✓ Medication Management | ✓ Physician Services | ✓ Social Work / Social Services |
| ✓ Dietary Services | ✓ Occupational Therapy | ✓ Psychology / Psychiatry | ✓ Speech Therapy |
| ✓ Meals | ✓ Physical Therapy | ✓ Skilled Nursing | ✓ Transportation |

Adult Day Program (ADP) centers are required to have staff to provide or arrange for assistance with the following:

- | | | | | |
|--------------------|----------------------|---------|-------------------|------------------|
| ✓ Activity Program | ✓ Care & Supervision | ✓ Meals | ✓ Social Services | ✓ Transportation |
|--------------------|----------------------|---------|-------------------|------------------|

Contra Costa County

Pleasant Hill

Listing Updated 2/2/2007

MT. DIABLO CENTER FOR ADULT DAY HEALTH CARE

490 Golf Club Road
Pleasant Hill, CA 94523 (925) 682-6330

Web: www.rsnc-centers.org

Email: dtoth@rsnc-centers.org

Mail: 490 Golf Club Road
Pleasant Hill, CA 94523

ADHC **ADCRC** **ADP** **PACE** **Opened** **Licensed**
Yes **Yes** **Yes** **No** **1979** **5/15/1979**

Licensee Center is
Rehabilitation Services of Northern California Non-Profit



Continuous Member Since 1984
California Association for Adult Day Services

Accessing Services

Call: **925-682-6330** Reply Time: **Next Day**

Intake Process:

Inquiry, intake screening, tour, doctor's packet sent and returned, home assessment, observation, assessment days in program, MD meeting, IPC written, IPC participant/family meeting, begin attending. Time varies greatly.

Adult Day Health Care Hours and Attendance

MONDAY 9:30am-3:00pm
TUESDAY 9:30am-3:00pm
WEDNESDAY 9:30am-3:00pm
THURSDAY 9:30am-3:00pm
FRIDAY 9:30am-3:00pm
SATURDAY CLOSED
SUNDAY CLOSED

Average Daily Program Attendance: **45**

Daily Program Capacity: **60**

Adult Day Program Hours and Attendance

MONDAY 9:30am-3:00pm
TUESDAY 9:30am-3:00pm
WEDNESDAY 9:30am-3:00pm
THURSDAY 9:30am-3:00pm
FRIDAY 9:30am-3:00pm
SATURDAY CLOSED
SUNDAY CLOSED

Average Daily Program Attendance: **6**

Daily Program Capacity: **10**

Payments Accepted

Medi-Cal: **Yes** Private Insurance: **Yes**
Veterans Administration: **Yes** Private Pay: **Yes**

Who We Serve

Serving Ages: **18 and older**

Average Client Age: **78**

Who We Are

The goal of the Adult Day Health and Social Day Care programs is to promote health, independence and dignity while enhancing the quality of life of those we serve through a caring, stimulating and enjoyable environment. A separate, specialized program is provided for persons with Alzheimer's or a related dementia. Three bicultural/bilingual programs serve Russian, Afghani and Latino participants. A day at Mt. Diablo Center may include nursing care, clinical therapies, as well as social and recreational activities. Two important benefits for participants are the friendships made and the sense of community these friendships foster.

Special Populations

Alzheimer's / Related Dementias
Developmental Disabilities
Mental Health
Physical Disabilities
Traumatic Brain Injury

Activities of Daily Living

Eating
Getting Up (Transferring)
Toileting
Walking

Medical Devices

Catheter
Colostomy
Feeding Tube
Oxygen Devices
Wheelchair

Other

Incontinence
Injections
Medication Monitoring
Medicine Administration
Non-Ambulatory
Wandering

Additional Offerings

Care Management
Caregiver Support Groups

Languages Spoken

English Portuguese
Farsi Russian
French Spanish
Hungarian Tagalog
Ilocano Please Inquire
Indo-Eur/Other

Adult Day Health Care (ADHC) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

- | | | | |
|--------------------|-------------------------|---------------------------|---------------------------------|
| ✓ Activity Program | ✓ Medication Management | ✓ Physician Services | ✓ Social Work / Social Services |
| ✓ Dietary Services | ✓ Occupational Therapy | ✓ Psychology / Psychiatry | ✓ Speech Therapy |
| ✓ Meals | ✓ Physical Therapy | ✓ Skilled Nursing | ✓ Transportation |

Adult Day Program (ADP) centers are required to have staff to provide or arrange for assistance with the following:

- | | | | | |
|--------------------|----------------------|---------|-------------------|------------------|
| ✓ Activity Program | ✓ Care & Supervision | ✓ Meals | ✓ Social Services | ✓ Transportation |
|--------------------|----------------------|---------|-------------------|------------------|

Contra Costa County

Walnut Creek

Listing Updated 2/20/2008

MILLMAN RESPITE CENTER

2071 Tice Valley Blvd
Walnut Creek, CA 94595 (925) 938-7800 x 288

Web: MARVELYND@CCJCC.ORG

Email: www.jcc.org

Mail: 2071 Tice Valley Blvd
Walnut Creek, CA 94595

<u>ADHC</u>	<u>ADCRC</u>	<u>ADP</u>	<u>PACE</u>	<u>Opened</u>	<u>Licensed</u>
No	No	Yes	No	2003	9/25/2003

<u>Licensee</u>	<u>Center is</u>
Contra Costa Jewish Community Center	Non-Profit



Continuous Member Since 2008
California Association for Adult Day Services

Adult Day Health Care (ADHC) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

- | | | | |
|--------------------|-------------------------|---------------------------|---------------------------------|
| ✓ Activity Program | ✓ Medication Management | ✓ Physician Services | ✓ Social Work / Social Services |
| ✓ Dietary Services | ✓ Occupational Therapy | ✓ Psychology / Psychiatry | ✓ Speech Therapy |
| ✓ Meals | ✓ Physical Therapy | ✓ Skilled Nursing | ✓ Transportation |

Adult Day Program (ADP) centers are required to have staff to provide or arrange for assistance with the following:

- | | | | | |
|--------------------|----------------------|---------|-------------------|------------------|
| ✓ Activity Program | ✓ Care & Supervision | ✓ Meals | ✓ Social Services | ✓ Transportation |
|--------------------|----------------------|---------|-------------------|------------------|