

State of California

TYPES OF ADULT DAY CARE SERVICES

In California, adult day care services are provided in two types of licensed facilities: adult day programs and adult day health care. In addition, each local area agency on aging designates at least one Alzheimer's Day Care Resource Center in its Planning and Service Area to provide specialized Alzheimer's care and community outreach and education.

ADULT DAY PROGRAM (ADP) is "any community-based facility or program that provides care to persons 18 years of age or older in need of personal care services, supervision, or assistance essential for sustaining the activities of daily living or for the protection of the individual on less than a 24-hour basis." [Health and Safety Code 1502(2)]

The State Department of Social Services (DSS) licenses these programs as community care facilities. The majority of these licensed programs serve persons with developmental disabilities. A minority of programs serve older persons. Medi-Cal does not pay for these programs.

ADULT DAY HEALTH CARE (ADHC) "is an organized day program of therapeutic, social, and health activities and services provided pursuant to this chapter to elderly persons with functional impairments, either physical or mental, for the purpose of restoring or maintaining optimal capacity for self-care. Provided on a short-term basis, adult day health care serves as a transition from a health facility or home health program to personal independence. Provided on a long-term basis, it serves as an option to institutionalization in long-term health care facilities, when 24-hour skilled nursing care is not medically necessary or viewed as desirable by the recipient or his or her family." [Health and Safety Code 1570.7]

These programs provide individualized services in a group setting after developing an individual plan of care. ADHC is currently a Medi-Cal optional benefit, with a daily reimbursement rate of \$69.58 per approved day of service. ADHC's are licensed by the Department of Health Services as health facilities.

ALZHEIMER DAY CARE RESOURCE CENTER (ADCRC) is a community-based program providing specialized day-time care for persons with Alzheimer's disease or other related dementias. Additionally, these programs provide support and educational services for family caregivers and the community at large. ADCRCs identify the unique psychosocial, mental, functional, and cognitive needs of individuals, and assist each person to operate at their highest functioning level, while providing the caregiver needed support and respite. Although the law permits ADCRCs to function without a facility license, the majority of these programs operate in licensed facilities.

NOTE: Section 14552.2 of the Welfare and Institutions Code states, in part, "... if an adult day health center licensee also provides adult day care, adult day social care, or Alzheimer's day care resource center services, the adult day health care license shall be the only license required to provide these additional services."