



Types of Adult Day Services in California

Adult day services are provided in two types of licensed settings: **Adult Day Program (ADP)** and **Adult Day Health Care (ADHC)** centers. Additionally, some centers are designated as **Alzheimer's Day Care Resource Centers (ADCRC)** providing specialized Alzheimer's care.

ADP is a non-medical day-time program for elderly and younger adults, with a focus on protective supervision by trained aides, out-of-home respite and support for the caregiver, and prevention.

ADHC is an outpatient setting serving frail elders, persons with Alzheimer's disease or related dementias, those with chronically disabling physical, mental or developmental disabilities, or cognitive impairments. ADHC provides team-based coordinated medical, preventive and social care, while facilitating the ability of working caregivers to maintain employment, reduce caregiver stress, and improve health outcomes for high cost/high risk patients.

ADCRC is a specialized program within either the ADP or ADHC setting. ADCRCs serve the moderate to late stage Alzheimer's patient or persons with similar conditions, addressing their needs with a highly trained team that applies a philosophy of care emphasizing dignity and respect, while fostering optimal independence according to each patient's level of functioning, and providing the caregiver with respite and support.

Side-by-Side Overview	Adult Day Program (ADP)	Adult Day Health Care (ADHC)
Licensing Authority	CA Department of Social Services	CA Department of Public Health
Statutory Authority	H & S Code, Chapter 3	W & I Code, Chapter 7 (Medi-Cal) H & S Code, Chapter 3.3 (Licensing)
Medi-Cal Certification	Not funded nor certified by Medi-Cal	CA Department of Aging
Funding Sources	Area Agencies on Aging Regional Centers Private Fees Community Donations	Medi-Cal: \$76.27 (per approved day) Regional Centers Private Fees Community Donations
Home Visit/Assessment	Optional	Required for initial assessment
Individual Plan of Care	Required	Required w/6 month reassessment
Activity Program	Required	Required
Dietary Services	Required	R.D. required
Meal/Snacks	Required	Required
Personal Care & Supervision	Required	Required
Transportation	Provide, arrange or assist	Provide or arrange
Medication	Assist with self-administration	Administration by skilled nurse
Social Services	Not required	B.S.W. or M.S.W. required
Skilled Nursing	Not required	Registered Nurse required
Physician Services	Not required	M.D. required (but not for treatment)
Mental Health Services	Not required	L.C.S.W. Psychologist or Psychiatrist required
Occupational Therapy	Not required	O.T required
Physical Therapy	Not required	P.T. required
Speech Therapy	Not required	S.L.P. required, as needed per assessment

To learn more about adult day services, visit www.caads.org or call CAADS at 916.552.7400