

Types of Adult Day Services in California

Adult day services are provided in two types of licensed settings: **Adult Day Program (ADP)** facilities licensed by the CA Department of Social Services and **Adult Day Health Care (ADHC)** centers, licensed by the CA Department of Public Health. To serve and be reimbursed for the Medi-Cal population, a licensed ADHC must also be certified as Community-Based Adult Services center. In counties where a Medi-Cal Managed Care Plan exists, CBAS may only be accessed by first enrolling in the managed care plan.

Both ADPs and ADHCs may serve persons with Alzheimer’s disease or related dementias, complex physical, mental or developmental disabilities, cognitive impairments or other chronic disabling conditions. While providing person-centered individualized care, adult day services provide needed support for working caregivers, allowing them to maintain jobs and reducing the stress and burn out that often accompanies the responsibility of 24/7 care. **CBAS center participants must meet nursing home level of care eligibility requirements.**

Alzheimer’s Day Care Resource Center (ADCRC) is a specialized program within either the ADP or ADHC setting. ADCRCs uniquely address psychosocial, mental, functional, and cognitive needs of persons with dementia individuals by assisting each person to function at their highest level, while providing the caregiver support and respite.

	Adult Day Program (ADP)	Adult Day Health Care (ADHC)
General Description	Community-based facility or program that provides care to persons 18 years of age or older in need of personal care services, supervision, or assistance essential for sustaining the activities of daily living or for the protection of the individual on less than a 24-hour basis.	Organized day program of health services, therapeutic activities and social services for frail elders or adults with chronic, disabling medical, cognitive or mental health conditions who are at risk for institutional placement.
Licensing Authority	CA Department of Social Services	CA Department of Public Health
Statutory Authority	H & S Code, Chapter 3	W & I Code, Chapter 7 H & S Code, Chapter 3.3
Medi-Cal Certification	Not funded nor certified by Medi-Cal	CA Department of Aging
Funding	Area Agencies on Aging Regional Centers Private Fees Community Donations	Medi-Cal: \$76.27 (per approved day) Area Agencies on Aging Regional Centers; Private Fees Community Donations
Home Visit/Assessment	Optional	Required
Individual Plan of Care	Required	Required
Activity Program	Required	Required
Dietary Services	Required	Required
Meal/Snacks	Required	Required
Personal Care & Supervision	Required	Required
Transportation	Provide, arrange or assist	Provide or arrange
Medication	Assist with self-administration	Administration by RN
Social Services	Not required	Required
Skilled Nursing	Not required	Required
Physician Services	Not required	Required
Mental Health Services	Not required	Required
Occupational Therapy	Not required	Required
Physical Therapy	Not required	Required
Speech Therapy	Not required	Required

To learn more, visit www.caads.org or call California Association for Adult Day Services 916.552.7400.