Part 1: Adult Day Services – Supporting the Family Caregiver

WHAT WE WILL COVER

Although caregiving can be very rewarding, it can also be stressful. There may be times when caregivers feel pressured by the demands of giving care, balancing family obligations, or by working and taking care of themselves. Occasionally, they may not know where to turn for answers, emotional support, or practical advice on how to get a break from caregiving responsibilities. Hear from a leader in our field on how you can help families and communities master the challenges of caring for older adults with brain impairing conditions and/or adults with multiple health concerns. In CAADS’ two part webinar series on caregiving, you will have the opportunity to not only discover real life strategies on how Adult Day Services can support family caregivers, but you will also learn how to manage your own self-care in the process.

After completing Adult Day Services, Part One: Supporting the Family Caregiver you will be able to:

- Describe the challenges individuals or families may face when they become caregivers
- Explain why an individual may be experiencing multiple reactions to this new role
- Articulate what an Adult Day Center can do to support the caregiver

Part Two of this webinar series will be offered in January.

WHO SHOULD ATTEND

Center leaders and staff

PRESENTER

Donna Benton, PhD, is a Research Associate Professor of Gerontology at the USC Davis School of Gerontology. She received her graduate training in clinical psychology from the California School of Professional Psychology and was a Gero-psychological postdoctoral fellow at USC /Rancho Los Amigos Medical Center. She is also a licensed clinical psychologist. Her publications focus on research in elder abuse and minority caregiving. In addition to her academic experience, Dr. Benton was also an Adult Day Care Center program manager and has first-hand knowledge of the field of adult day services.

Since 1989, the USC Family Caregiver Support Center at USC Davis School has placed a high priority on providing support across the continuum of caregiving, including diagnosis, prognosis, services that help maintain the care recipient’s independence and abilities, helping caregivers care for themselves, and manage their own well-being.

WHEN

Thursday, December 5, 2019 from 2:30 PM to 4:00 PM

REGISTRATION

NON MEMBERS: $25 Per Registrant CAADS MEMBERS: No Charge (A benefit of membership!)

Registration includes access to the webinar for each attendee/email address registered. Advance registration is required by 12:00 PM on Wednesday, December 4, 2019. Please complete the registration form and return it with payment to CAADS by 12:00 PM on Wednesday, December 4, 2019. We CANNOT process registrations received after this deadline.

Registration includes handouts and the webinar recording. There is no limit on how many staff you gather to listen. Or, register each person individually to participate from their own computer. Internet connection and speakers / microphone OR access to a telephone for the audio presentation is required.

NOTE: Substitutions will be accepted if made by 12:00 PM Thursday, December 5, 2019. We are unable to register or change registrations beginning 30 minutes prior to the webinar start time.

FOR ASSISTANCE

- Beginning 30 minutes prior to the webinar, CAADS’ staff is preparing for the webinar. Should you need to contact us, please send an email to education@caads.org.
- For problems logging on from your computer, call “GoToWebinar” customer service at 1-800-263-6317.